Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Filing at a Glance

Company: Physicians Mutual Insurance Company

Product Name: 2010 Med Supp Plans SERFF Tr Num: PHYS-126220183 State: ArkansasLH TOI: MS08I Individual Medicare Supplement - SERFF Status: Closed State Tr Num: 42859

Standard Plans 2010

Sub-TOI: MS08I.001 Plan A 2010Co Tr Num:State Status: Approved-ClosedFiling Type: Form/RateCo Status:Reviewer(s): Stephanie Fowler

Author: Kathryn Gurnett Disposition Date: 08/12/2009
Date Submitted: 07/08/2009 Disposition Status: Approved-

Closed

Implementation Date Requested: On Approval Implementation Date: 06/01/2010

State Filing Description:

General Information

Project Name: 2010 Med Supp Plans Status of Filing in Domicile: Pending

Project Number: 2010 Med Supp Plans

Requested Filing Mode: Review & Approval

Explanation for Combination/Other:

Submission Type: New Submission

Overall Rate Impact:

Date Approved in Domicile:

Domicile Status Comments:

Market Type: Individual

Group Market Size:

Group Market Type:

Filing Status Changed: 08/12/2009 Explanation for Other Group Market Type:

State Status Changed: 08/12/2009

Deemer Date: Corresponding Filing Tracking Number:

Filing Description:

RE: Physicians Mutual Insurance Company – NAIC 80578 - Group 367, FEIN 47-0270450

Individual Medicare Supplement

P020AR Medicare Supplement Plan A Policy P025AR Medicare Supplement Plan F Policy P026AR Medicare Supplement Plan G Policy

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

P027AR Medicare Supplement High Deductible Plan F Policy

B345 High Deductible Premium Discount Rider

A2010T-AR Medicare Supplement Application

C020-AR Medicare Supplement Cover Page

OC020-UNI Med. Supp. Outline of Coverage Plan A

OC025-UNI Med. Supp. Outline of Coverage Plan F

OC026-UNI Med. Supp. Outline of Coverage Plan G

OC027-UNI Med. Supp. Outline of Coverage High Deductible Plan F

OC025-HDR Med. Supp. Outline of Coverage Plan F w/ High Deductible Premium Discount Rider

Actuarial Memorandums

Rates: P020-AR-050109, P025-AR-050109, P026-AR-050109, P027-AR-050109, B345-AR-050109

The captioned forms and rates are being submitted for your review and approval under AR Rule 27. The forms are new and do not replace any forms previously approved by your department. To the best of my knowledge, they comply with all state laws and regulations.

In accordance with your revised Regulation, none of the new policies will be issued with effective dates prior to June 1, 2010.

These products will be marketed through our Agency sales force, offering both issue age and attained age rating structures.

High Deductible Premium Discount Rider B345 is an optional rider that will be offered with the P025AR Plan F policy. This concept was approved by your state September 30, 2008, in the Physicians Life Insurance Company filing of High Deductible Premium Discount Rider LR143. (SERFF Tracking Number PHYS-125825448)

We intend to make this filing in our state of domicile once Nebraska adopts the new Medicare Supplement Regulation.

We reserve the right to alter the format of the forms submitted without re-filing due to future technology changes, e.g. paper size, font, font type, line ending or page ending changes. Be assured that any minimum font-size requirements will be met. Any changes to wording or content would be filed for approval.

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Your early review and approval of this filing is greatly appreciated. If there is anything I can do to facilitate the review and approval, please contact me via SERFF, or at the e-mail address or phone number listed below.

Sincerely,

Kathryn R. Gurnett, MBA, LTCP, CPCU, CLU, HIA, AAPA, AIRC, FLMI, CCP

Policy Approval and Compliance Coordinator

Government and Industry

Voice: (402) 633-1188 Fax: (402) 633-1096

E-mail: katie.gurnett@physiciansmutual.com

Company and Contact

Filing Contact Information

Kathryn Gurnett, Policy Approval & Compliance katie.gurnett@physiciansmutual.com

Coordinator

2600 Dodge Street (402) 633-1188 [Phone] Omaha, NE 68131 (402) 633-1096[FAX]

Filing Company Information

Physicians Mutual Insurance Company CoCode: 80578 State of Domicile: Nebraska

2600 Dodge StreetGroup Code: 367Company Type:Omaha, NE 68131Group Name:State ID Number:

(402) 633-1188 ext. [Phone] FEIN Number: 47-0270450

Filing Fees

Fee Required? Yes
Fee Amount: \$200.00

Retaliatory? No

Fee Explanation:

SERFF Tracking Number: PHYS-126220183 State: Arkansas

Filing Company: Physicians Mutual Insurance Company State Tracking Number: 42859

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Per Company: No

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

COMPANY AMOUNT DATE PROCESSED TRANSACTION #

Physicians Mutual Insurance Company \$200.00 07/08/2009 29047964

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Correspondence Summary

Dispositions

Status	Created By	Created On	Date Submitted
Approved- Closed	Stephanie Fowler	08/12/2009	08/12/2009

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Disposition

Disposition Date: 08/12/2009 Implementation Date: 06/01/2010

Status: Approved-Closed

Comment:

Rate data does NOT apply to filing.

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Item Type	Item Name	Item Status	Public Access
Supporting Document	Flesch Certification	Accepted for	Yes
		Informational Purposes	;
Supporting Document	Application	Approved	Yes
Supporting Document	Health - Actuarial Justification	Accepted for	No
		Informational Purposes	3
Supporting Document	Outline of Coverage	Approved	Yes
Form	MED SUPP PLAN A	Approved	Yes
Form	MED SUPP PLAN F	Approved	Yes
Form	MED SUPP PLAN G	Approved	Yes
Form	MED SUPP HIGH DEDUCTIBLE PLAN F	- Approved	Yes
Form	HIGH DEDUCTIBLE PREMIUM	Approved	Yes
	DISCOUNT RIDER		
Form	APPLICATION	Approved	Yes
Form	MED SUPP OUTLINE COVER PAGE	Approved	Yes
Form	OULINE OF COV PLAN A	Approved	Yes
Form	OUTLINE OF COV PLAN F	Approved	Yes
Form	OUTLINE OF COV PLAN G	Approved	Yes
Form	OUTLINE OF COV HIGH DEDUCTIBLE PLAN F	Approved	Yes
Form	OUTLINE OF COV PLAN F W/ HIGH DEDUCTIBLE PREMIUM DISCOUNT RIDER	Approved	Yes
Rate	P020-AR-050109	Approved	Yes
Rate	P025-AR-050109, P027-AR-050109, B345-AR-050109	Approved	Yes
Rate	P026-AR-050109	Approved	Yes

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Form Schedule

Lead Form Number: P020AR

Review	Form	Form Type Form Name	Action	Action Specific	Readability	Attachment
Status	Number			Data		
Approved	P020AR	Policy/Cont MED SUPP PLAN A ract/Fratern al Certificate: Amendmen t, Insert Page, Endorseme nt or Rider	Initial		51	P020AR.pdf P020AR Schedule.pdf
Approved	P025AR	Policy/Cont MED SUPP PLAN F ract/Fratern al Certificate: Amendmen t, Insert Page, Endorseme nt or Rider	Initial		51	P025AR.pdf P025AR Sched w B345.pdf
Approved	P026AR	Policy/Cont MED SUPP PLAN G ract/Fratern al Certificate: Amendmen t, Insert Page, Endorseme nt or Rider	Initial		51	P026AR.pdf P026AR Schedule.pdf
Approved	P027AR	Policy/Cont MED SUPP HIGH ract/Fratern DEDUCTIBLE PLAN al F Certificate:	Initial		51	P027AR.pdf P027AR Schedule.pdf

SERFF Tracking Number: PHYS-126220183 State: Arkansas Filing Company: Physicians Mutual Insurance Company State Tracking Number: 42859 Company Tracking Number: TOI: MS08I Individual Medicare Supplement -Sub-TOI: MS08I.001 Plan A 2010 Standard Plans 2010 Product Name: 2010 Med Supp Plans 2010 Med Supp Plans/2010 Med Supp Plans Project Name/Number: Amendmen t, Insert Page, Endorseme nt or Rider Policy/Cont HIGH DEDUCTIBLE Initial B345 Approved B345 49 ract/Fratern PREMIUM Rider.pdf DISCOUNT RIDER al Certificate: Amendmen t, Insert Page, Endorseme nt or Rider Approved A2010T-AR Application/APPLICATION A2010T-Initial 54 **Enrollment** AR.pdf Form Approved C020-AR Outline of MED SUPP Initial C020-AR.pdf 0 Coverage OUTLINE COVER **PAGE** Approved OC020-UNI Outline of OULINE OF COV Initial OC020-0 Coverage PLAN A UNI.pdf OC025-UNIOutline of OUTLINE OF COV OC025-Approved Initial 0 Coverage PLAN F UNI.pdf OC026-UNIOutline of OUTLINE OF COV OC026-Approved Initial 0 Coverage PLAN G UNI.pdf Approved OC027-UNI Outline of OUTLINE OF COV Initial OC027-0 Coverage HIGH DEDUCTIBLE UNI.pdf PLAN F **OUTLINE OF COV** OC025-Approved OC025-Outline of Initial 0 **HDR** PLAN F W/ HIGH HDR.pdf Coverage **DEDUCTIBLE PREMIUM** DISCOUNT RIDER

PHYSICIANS MUTUAL INSURANCE COMPANY 2600 DODGE ST. OMAHA, NE 68131

MEDICARE SUPPLEMENT PLAN A POLICY

Notice to Buyer: This Policy may not cover all of Your medical expenses.

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Consideration: This Policy is issued in consideration of the Application and payment of the first premium.

IMPORTANT NOTICES

Entire Contract; Changes: This Contract is between Physicians Mutual Insurance Company ("We", "Us", "Our", or "Company") and the Insured shown on the Schedule ("You", "Your", or "Insured"). The entire contract is the Policy, the Schedule, the Application and any riders signed by a Company Officer. No change in this Policy will be effective until approved by a Company Officer. This approval must be noted on or attached to this Policy. No agent may change this Policy or waive any of its provisions. All statements made in the Application are deemed representations and not warranties.

30 Day Right To Examine The Policy: If You return the Policy within 30 days after You receive it, We will return Your money. Then, the Policy is void as if no Policy had been issued.

Read Your Application: Be sure Your Application is correct and complete. We rely on all statements made by You or for You on the Application You signed. If any statement is incorrect or incomplete, notify Us immediately. Unless corrected, Your Policy may be void.

GUARANTEED RENEWAL AGREEMENT

Guaranteed Renewable With Timely Payment: You can keep Your Policy in force as long as You pay Your Renewal Premiums on time. When We receive Your Renewal Premium before the Grace Period ends, We must accept it. Renewal Premium means any Policy premium due Us after Your first premium payment has been made.

Premium Changes: We may change Your Renewal Premium, only if We make the same change for all policies of this form and class in the State where You live.

We will not increase Your premium earlier than 12 months after the Effective Date of this Policy, nor will We increase Your premium more than once in any 12 month period after 12 months from the Effective Date of this Policy, unless You no longer qualify for a premium discount.

Grace Period: You have 31 days after the due date to pay each Renewal Premium. The Policy stays in effect during this Grace Period.

Late Payment Lapse: If We do not receive Your Renewal Premium before the Grace Period ends, Your coverage stops at the end of the Grace Period. This is a Lapse and Your Policy is no longer in force.

Reinstatement: If Your Policy Lapses, We may or may not put it back in force (reinstate) at our option. If We accept a late premium and do not require an application, Your Policy is reinstated. If We require an application, Your Policy is reinstated when We approve the application, or (unless We have already disapproved it in writing) on the 45th day after We receive the application.

The reinstated Policy is in force to cover loss that starts after the reinstatement. In all other respects, the Policy remains the same except for any provisions noted on or attached to the reinstated Policy.

Changes in Medicare: Any benefits designed to cover cost sharing amounts under Medicare will be changed automatically to coincide with any changes in the applicable Medicare deductible, co-payment, and coinsurance amounts. Your premiums may be modified to correspond with such changes.

Extension of Benefits: Termination shall be without prejudice to any continuous loss which began while the Policy was in force. Any extension of benefits beyond that time may be conditional upon the continuous total disability of the Insured, limited to the appropriate benefit period or payment of maximum benefits. Receipt of Medicare Part D benefits will not be considered in determining a continuous loss.

Medicaid Suspension: The benefits and premiums under this Policy will be suspended during Your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If You are no longer entitled to Medicaid, Your Policy will be reinstituted if requested within 90 days of losing Medicaid eligibility.

Group Health Plan Suspension: The benefits and premiums under this Policy will be suspended at Your request if You are entitled to benefits under Section 226(b) of the Social Security Act (disabled under age 65) and are covered under a group health plan as defined in Section 1862(b)(1)(A)(v) of the Social Security Act (group health insurance coverage with an employer that has 20 or more employees). If You then lose coverage under Your group health plan, Your Policy will be reinstituted automatically effective as of the date of Your group health plan termination. You must notify Us of the coverage termination within 90 days after the date of coverage termination and pay the premium attributable to the period.

BENEFITS

This Policy is designed to supplement the Federal Medicare Program. You must have Medicare as primary coverage for this Policy to supplement. If You are not enrolled in Part B of Medicare, We will pay benefits as if You were enrolled.

Your Policy benefits will be adjusted whenever Medicare changes its benefits. We may adjust the Renewal Premium accordingly, subject to the Premium Changes provision.

If You incur expenses, We will pay benefits as follows:

Inpatient Hospital Benefit: We will pay the Part A Medicare Eligible Expenses for hospitalization to the extent not covered by Medicare from the 61st day through the 90th day in any Medicare Benefit Period.

Additional Inpatient Hospital Benefit: We will pay for Part A Medicare Eligible Expenses incurred for hospitalization to the extent not covered by Medicare for each Medicare lifetime inpatient reserve day used.

Lifetime Maximum Inpatient Hospital Benefit: Upon exhaustion of the Medicare Hospital inpatient coverage, including the lifetime reserve days, We will pay 100% of the Medicare Part A eligible expenses for hospitalization paid at the applicable prospective payment system (PPS) rate, or other appropriate Medicare standard of payment, subject to a lifetime maximum benefit of an additional 365 days. The provider will accept Our payment as payment in full and may not bill You for any balance.

Blood: We will pay for the reasonable cost of the first three pints of blood (or equivalent quantities of packed red blood cells, as defined under federal regulations), covered under Medicare Parts A and B, unless replaced in accordance with federal regulations.

Medical Benefits: We will pay the co-insurance amount, or in the case of hospital outpatient department services paid under a prospective payment system, the copayment amount, of Medicare Eligible Expenses under Part B regardless of hospital confinement, subject to the Medicare Part B deductible.

Hospice Care: We will pay the cost sharing for all Part A Medicare eligible Hospice Care and Respite Care expenses.

POLICY LIMITATIONS

We will not pay for:

- (a) confinement that begins or expenses incurred while Your Policy is not in force.
- (b) services of the type not covered by Medicare, unless specifically provided by the Policy.

PAYMENT OF CLAIMS

Notice of Claim: Written notice of claim must be given within 20 days after a covered accident or sickness or as soon as reasonably possible. Written notice should include Your name and Policy number and should be sent to Physicians Mutual Insurance Company, P.O. Box 2018, Omaha, NE 68131.

Claim Forms: We will send You claim forms after We receive notice of claim. For a continuing loss We will furnish forms with each periodic benefit payment. If We do not furnish forms within 15 days, You can submit proof of loss (a written statement of the nature and extent of the loss) without using our claim forms.

Proof of Loss: We require written proof that a claim exists within the terms of Your Policy. Except in the absence of legal capacity, such proof must be given no later than 15 months from the date of loss.

Time of Payment: We will pay all claims due as soon as We have valid proof.

Payment of Claims: We will pay the benefits to You, unless You assign the benefits to another. If, at the time of Your death, there is an unpaid benefit, We will pay it to Your estate; however, We may pay up to \$1,000 of it to any relative by blood or connection by marriage We find entitled. Our obligation is satisfied to the extent of such payment.

DEFINITIONS

Accident means accidental bodily injury sustained by You, which is the direct result of an Accident, independent of disease or bodily infirmity or any other cause, and occurs while Your Policy is in force.

Calendar Year is as defined in the Medicare program.

Hospice Care is as defined in the Medicare program.

Hospital is as defined in the Medicare program.

Medicare means The Health Insurance for the Aged Act, Title XVIII of the Social Security Amendments of 1965 as Then Constituted or Later Amended, or Title I, Part I of Public Law 89-97, as Enacted by the Eighty-Ninth Congress of the United States of America and popularly known as the Health Insurance for the Aged Act, as then constituted and any later amendments or substitutes thereof.

Medicare Benefit Period is as defined in the Medicare program.

Medicare Eligible Expenses means expenses of the kinds covered by Medicare Parts A and B to the extent recognized as reasonable and medically necessary by Medicare.

Physician is as defined in the Medicare program.

Respite Care is as defined in the Medicare program.

Sickness means Your illness or disease.

Skilled Nursing Facility is as defined in the Medicare program.

GENERAL PROVISIONS

Time Limit on Certain Defenses: After two years from the date of issue of this Policy no misstatements, except fraudulent misstatements, made by the applicant in the Application for such Policy shall be used to void the Policy or to deny a claim for loss incurred after the expiration of such two-year period.

No claim for loss commencing after the Policy Effective Date should be reduced or denied on the grounds that a disease or physical condition existed prior to the Policy Effective Date.

Misstatement Of Age: If Your age was misstated and a different premium would have been charged, the benefits will be adjusted to what the premium paid would have purchased using the correct age.

Refund of Unearned Premiums: If You die while Your Policy is in force, We will refund any unearned premium paid for any period beyond the end of the Policy month in which the death occurred. Any unearned premium will be paid no later than 30 days after We receive proof of Your death.

Legal Actions: You can't bring a legal action to recover under the Policy: (a) until 60 days after You have given written proof of loss, or (b) more than three years after the date proof of loss is required.

Other Insurance With This Company: You may have only one Medicare Supplement Policy with us. If, in error, We issue more than one, You, Your beneficiary, or Your estate may select the Policy to remain in force. We will refund the money You paid on the other Policy, less the amount of claims paid.

Conformity With State Statutes: Any provision of this Policy in conflict with the laws of the state where You reside on its Effective Date is Amended to the minimum requirements of those laws.

Policy Issue - First Premium: If the First Premium shown in the Schedule has been paid, this Policy goes into effect on the Effective Date shown in the Schedule.

Periods of Insurance: All periods of insurance begin and end at 12:01 A.M., Standard Time at Your residence.

Dividends: This Policy is non-participating and does not pay dividends.

Physicians Mutual Insurance Company,

President

R. A. Reed

SCHEDULE

PLAN A

999-9999-99999-99999

Policy Number	XXX-XXX-XXX-X	Insured – John	Age XX
Effective Date	06/01/2010		
E' . D 1 D .	07/01/0010		

First Renewal Date 07/01/2010 First Premium \$X,XXX,XX

Renewal Premium

*ABW \$XXX.XX
Name of Insured: *Monthly \$XXX.XX
*Quarterly \$X,XXX.XX

John Q. Doe *Semi-annual \$X,XXX.XX

*Annual \$X,XXX.XX

PLAN A PAYS:

PART A BENEFITS - PART B BENEFITS -

Co-insurance – 61st to 90th day

Generally 20% of Medicare Eligible Expenses

(Subject to Medicare Part B deductible)

Co-insurance – 91^{st} to 150^{th} day

(Lifetime reserve days) First three pints of blood

Pays the same benefits that Medicare was paying when benefits exhausted (Maximum of 365 days)

First three pints of blood

Hospice Care cost sharing

These are just brief descriptions of the benefits payable under the Plan A Medicare Supplement Policy. See your Policy for complete descriptions of benefits.

The information shown on this schedule is current as of [The effective date shown above.]

*Subject to premium changes provision.

PHYSICIANS MUTUAL INSURANCE COMPANY 2600 DODGE ST. OMAHA, NE 68131

MEDICARE SUPPLEMENT PLAN F POLICY

Notice to Buyer: This Policy may not cover all of Your medical expenses.

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Important Notices	Page 1	Policy Limitations	Page 4
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Benefits	Page 3	Definitions	Page 4
Basic Benefits	Page 3	General Provisions	Page 5
Additional Benefits	Page 3		

Consideration: This Policy is issued in consideration of the Application and payment of the first premium.

IMPORTANT NOTICES

Entire Contract; Changes: This Contract is between Physicians Mutual Insurance Company ("We", "Us", "Our", or "Company") and the Insured shown on the Schedule ("You", "Your", or "Insured"). The entire contract is the Policy, the Schedule, the Application and any riders signed by a Company Officer. No change in this Policy will be effective until approved by a Company Officer. This approval must be noted on or attached to this Policy. No agent may change this Policy or waive any of its provisions. All statements made in the Application are deemed representations and not warranties.

30 Day Right To Examine The Policy: If You return the Policy within 30 days after You receive it, We will return Your money. Then, the Policy is void as if no Policy had been issued.

Read Your Application: Be sure Your Application is correct and complete. We rely on all statements made by You or for You on the Application You signed. If any statement is incorrect or incomplete, notify Us immediately. Unless corrected, Your Policy may be void.

GUARANTEED RENEWAL AGREEMENT

Guaranteed Renewable With Timely Payment: You can keep Your Policy in force as long as You pay Your Renewal Premiums on time. When We receive Your Renewal Premium before the Grace Period ends, We must accept it. Renewal Premium means any Policy premium due Us after Your first premium payment has been made.

Premium Changes: We may change Your Renewal Premium, only if We make the same change for all policies of this form and class in the State where You live.

We will not increase Your premium earlier than 12 months after the Effective Date of this Policy, nor will We increase Your premium more than once in any 12 month period after 12 months from the Effective Date of this Policy, unless You no longer qualify for a premium discount.

Grace Period: You have 31 days after the due date to pay each Renewal Premium. The Policy stays in effect during this Grace Period.

Late Payment Lapse: If We do not receive Your Renewal Premium before the Grace Period ends, Your coverage stops at the end of the Grace Period. This is a Lapse and Your Policy is no longer in force.

Reinstatement: If Your Policy Lapses, We may or may not put it back in force (reinstate) at our option. If We accept a late premium and do not require an application, Your Policy is reinstated. If We require an application, Your Policy is reinstated when We approve the application, or (unless We have already disapproved it in writing) on the 45th day after We receive the application.

The reinstated Policy is in force to cover loss that starts after the reinstatement. In all other respects, the Policy remains the same except for any provisions noted on or attached to the reinstated Policy.

Changes in Medicare: Any benefits designed to cover cost sharing amounts under Medicare will be changed automatically to coincide with any changes in the applicable Medicare deductible, co-payment, and coinsurance amounts. Your premiums may be modified to correspond with such changes.

Extension of Benefits: Termination shall be without prejudice to any continuous loss which began while the Policy was in force. Any extension of benefits beyond that time may be conditional upon the continuous total disability of the Insured, limited to the appropriate benefit period or payment of maximum benefits. Receipt of Medicare Part D benefits will not be considered in determining a continuous loss.

Medicaid Suspension: The benefits and premiums under this Policy will be suspended during Your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If You are no longer entitled to Medicaid, Your Policy will be reinstituted if requested within 90 days of losing Medicaid eligibility.

Group Health Plan Suspension: The benefits and premiums under this Policy will be suspended at Your request if You are entitled to benefits under Section 226(b) of the Social Security Act (disabled under age 65) and are covered under a group health plan as defined in Section 1862(b)(1)(A)(v) of the Social Security Act (group health insurance coverage with an employer that has 20 or more employees). If You then lose coverage under Your group health plan, Your Policy will be reinstituted automatically effective as of the date of Your group health plan termination. You must notify Us of the coverage termination within 90 days after the date of coverage termination and pay the premium attributable to the period.

BENEFITS

This Policy is designed to supplement the Federal Medicare Program. You must have Medicare as primary coverage for this Policy to supplement. If You are not enrolled in Part B of Medicare, We will pay benefits as if You were enrolled.

Your Policy benefits will be adjusted whenever Medicare changes its benefits. We may adjust the Renewal Premium accordingly, subject to the Premium Changes provision.

If You incur expenses, We will pay benefits as follows:

BASIC BENEFITS

Inpatient Hospital Benefit: We will pay the Part A Medicare Eligible Expenses for hospitalization to the extent not covered by Medicare from the 61st day through the 90th day in any Medicare Benefit Period.

Additional Inpatient Hospital Benefit: We will pay for Part A Medicare Eligible Expenses incurred for hospitalization to the extent not covered by Medicare for each Medicare lifetime inpatient reserve day used.

Lifetime Maximum Inpatient Hospital Benefit: Upon exhaustion of the Medicare Hospital inpatient coverage, including the lifetime reserve days, We will pay 100% of the Medicare Part A eligible expenses for hospitalization paid at the applicable prospective payment system (PPS) rate, or other appropriate Medicare standard of payment, subject to a lifetime maximum benefit of an additional 365 days. The provider will accept Our payment as payment in full and may not bill You for any balance.

Blood: We will pay for the reasonable cost of the first three pints of blood (or equivalent quantities of packed red blood cells, as defined under federal regulations), covered under Medicare Parts A and B, unless replaced in accordance with federal regulations.

Medical Benefits: We will pay the co-insurance amount, or in the case of hospital outpatient department services paid under a prospective payment system, the copayment amount, of Medicare Eligible Expenses under Part B regardless of hospital confinement, subject to the Medicare Part B deductible.

Hospice Care: We will pay the cost sharing for all Part A Medicare eligible Hospice Care and Respite Care expenses.

ADDITIONAL BENEFITS

Medicare Part A Deductible: We will pay the Medicare Part A inpatient Hospital deductible amount per Medicare Benefit Period.

Skilled Nursing Facility Care: We will pay the actual billed charges up to the coinsurance amount from the 21st day through the 100th day in a Medicare Benefit Period for post-hospital Skilled Nursing Facility care eligible under Medicare Part A.

Medicare Part B Deductible: We will pay the Medicare Part B deductible amount per Calendar Year regardless of Hospital confinement.

100% of the Medicare Part B Excess Charges: We will pay all of the difference between the actual Medicare Part B charge as billed, not to exceed any charged limitation established by the Medicare program or state law, and the Medicare-approved Part B charge.

Foreign Travel Emergency: We will pay to the extent not covered by Medicare for 80% of the billed charges for Medicare-eligible expenses for medically necessary emergency Hospital, Physician and medical care received in a foreign country, which care would have been covered by Medicare if provided in the United States and which care began during the first 60 consecutive days of each trip outside the United States, subject to a Calendar Year deductible of \$250, and a lifetime maximum benefit of \$50,000. For purposes of this benefit, "emergency care" shall mean care needed immediately because of an Accident or a Sickness of sudden or unexpected onset.

POLICY LIMITATIONS

We will not pay for:

- (a) confinement that begins or expenses incurred while Your Policy is not in force.
- (b) services of the type not covered by Medicare, unless specifically provided by the Policy.

PAYMENT OF CLAIMS

Notice of Claim: Written notice of claim must be given within 20 days after a covered accident or sickness or as soon as reasonably possible. Written notice should include Your name and Policy number and should be sent to Physicians Mutual Insurance Company, P.O. Box 2018, Omaha, NE 68131.

Claim Forms: We will send You claim forms after We receive notice of claim. For a continuing loss We will furnish forms with each periodic benefit payment. If We do not furnish forms within 15 days, You can submit proof of loss (a written statement of the nature and extent of the loss) without using our claim forms.

Proof of Loss: We require written proof that a claim exists within the terms of Your Policy. Except in the absence of legal capacity, such proof must be given no later than 15 months from the date of loss.

Time of Payment: We will pay all claims due as soon as We have valid proof.

Payment of Claims: We will pay the benefits to You, unless You assign the benefits to another. If, at the time of Your death, there is an unpaid benefit, We will pay it to Your estate; however, We may pay up to \$1,000 of it to any relative by blood or connection by marriage We find entitled. Our obligation is satisfied to the extent of such payment.

DEFINITIONS

Accident means accidental bodily injury sustained by You, which is the direct result of an Accident, independent of disease or bodily infirmity or any other cause, and occurs while Your Policy is in force.

Calendar Year is as defined in the Medicare program.

Hospice Care is as defined in the Medicare program.

Hospital is as defined in the Medicare program.

Medicare means The Health Insurance for the Aged Act, Title XVIII of the Social Security Amendments of 1965 as Then Constituted or Later Amended, or Title I, Part I of Public Law 89-97, as Enacted by the Eighty-Ninth Congress of the United States of America and popularly known as the Health Insurance for the Aged Act, as then constituted and any later amendments or substitutes thereof.

Medicare Benefit Period is as defined in the Medicare program.

Medicare Eligible Expenses means expenses of the kinds covered by Medicare Parts A and B to the extent recognized as reasonable and medically necessary by Medicare.

Physician is as defined in the Medicare program.

Respite Care is as defined in the Medicare program.

Sickness means Your illness or disease.

Skilled Nursing Facility is as defined in the Medicare program.

GENERAL PROVISIONS

Time Limit on Certain Defenses: After two years from the date of issue of this Policy no misstatements, except fraudulent misstatements, made by the applicant in the Application for such Policy shall be used to void the Policy or to deny a claim for loss incurred after the expiration of such two-year period.

No claim for loss commencing after the Policy Effective Date should be reduced or denied on the grounds that a disease or physical condition existed prior to the Policy Effective Date.

Misstatement Of Age: If Your age was misstated and a different premium would have been charged, the benefits will be adjusted to what the premium paid would have purchased using the correct age.

Refund of Unearned Premiums: If You die while Your policy is in force, We will refund any unearned premium paid for any period beyond the end of the policy month in which the death occurred. Any unearned premium will be paid no later than 30 days after We receive proof of Your death.

Legal Actions: You can't bring a legal action to recover under the Policy: (a) until 60 days after You have given written proof of loss, or (b) more than three years after the date proof of loss is required.

Other Insurance With This Company: You may have only one Medicare Supplement Policy with us. If, in error, We issue more than one, You, Your beneficiary, or Your estate may select the Policy to remain in force. We will refund the money You paid on the other Policy, less the amount of claims paid.

Conformity With State Statutes: Any provision of this Policy in conflict with the laws of the state where You reside on its Effective Date is Amended to the minimum requirements of those laws.

Policy Issue - First Premium: If the First Premium shown in the Schedule has been paid, this Policy goes into effect on the Effective Date shown in the Schedule.

Periods of Insurance: All periods of insurance begin and end at 12:01 A.M., Standard Time at Your residence.

Dividends: This Policy is non-participating and does not pay dividends.

Physicians Mutual Insurance Company,

R. A. Reed

President

SCHEDULE

PLAN F

999-9999-99999

Policy Number XXX-XXX-X Insured – John Age XX

Effective Date 06/01/2010
First Renewal Date 07/01/2010
First Premium \$X,XXX.XX

Renewal Premium

*ABW \$XXX.XX
Name of Insured: *Monthly \$XXX.XX

*Monthly \$XXX.XX *Quarterly \$X,XXX.XX

John Q. Doe *Semi-Annual \$X,XXX.XX

*Annual \$X,XXX.XX

PLAN F PAYS:

PART A BENEFITS - PART B BENEFITS -

Part A deductible amount per Medicare Part B deductible

Benefit Period

Co-insurance – 61st to 90th day Generally 20% of Medicare Eligible Expenses

(Subject to Medicare Part B deductible)

80% to a lifetime maximum of \$50,000

Co-insurance – 91st to 150th day 100% of the Medicare Part B Excess Charges

(Lifetime reserve days)

(Maximum of 365 days)

First three pints of blood

Pays the same benefits that Medicare was

paying when benefits exhausted Foreign Travel Emergency medical benefits –

Co-insurance for Skilled Nursing Facility Care – 21^{st} to 100^{th} day

First three pints of blood

Hospice Care cost sharing

These are just brief descriptions of the benefits payable under the Plan F Medicare Supplement Policy. See your Policy for complete descriptions of benefits.

HIGH DEDUCTIBLE PREMIUM DISCOUNT RIDER (B345):

Plan F benefits are subject to the High Deductible

High Deductible for [2010]: [\$2,000.00] (Subject to change annually)

High Deductible Elimination Date: [01/01/2014]

The information shown on this schedule is current as of [The effective date shown above.]

*Subject to premium changes provision.

PHYSICIANS MUTUAL INSURANCE COMPANY 2600 DODGE ST. OMAHA, NE 68131

MEDICARE SUPPLEMENT PLAN G POLICY

Notice to Buyer: This Policy may not cover all of Your medical expenses.

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Consideration: This Policy is issued in consideration of the Application and payment of the first premium.

IMPORTANT NOTICES

Entire Contract; Changes: This Contract is between Physicians Mutual Insurance Company ("We", "Us", "Our", or "Company") and the Insured shown on the Schedule ("You", "Your", or "Insured"). The entire contract is the Policy, the Schedule, the Application and any riders signed by a Company Officer. No change in this Policy will be effective until approved by a Company Officer. This approval must be noted on or attached to this Policy. No agent may change this Policy or waive any of its provisions. All statements made in the Application are deemed representations and not warranties.

30 Day Right To Examine The Policy: If You return the Policy within 30 days after You receive it, We will return Your money. Then, the Policy is void as if no Policy had been issued.

Read Your Application: Be sure Your Application is correct and complete. We rely on all statements made by You or for You on the Application You signed. If any statement is incorrect or incomplete, notify Us immediately. Unless corrected, Your Policy may be void.

GUARANTEED RENEWAL AGREEMENT

Guaranteed Renewable With Timely Payment: You can keep Your Policy in force as long as You pay Your Renewal Premiums on time. When We receive Your Renewal Premium before the Grace Period ends, We must accept it. Renewal Premium means any Policy premium due Us after Your first premium payment has been made.

Premium Changes: We may change Your Renewal Premium, only if We make the same change for all policies of this form and class in the State where You live.

We will not increase Your premium earlier than 12 months after the Effective Date of this Policy, nor will We increase Your premium more than once in any 12 month period after 12 months from the Effective Date of this Policy, unless You no longer qualify for a premium discount.

Grace Period: You have 31 days after the due date to pay each Renewal Premium. The Policy stays in effect during this Grace Period.

Late Payment Lapse: If We do not receive Your Renewal Premium before the Grace Period ends, Your coverage stops at the end of the Grace Period. This is a Lapse and Your Policy is no longer in force.

Reinstatement: If Your Policy Lapses, We may or may not put it back in force (reinstate) at our option. If We accept a late premium and do not require an application, Your Policy is reinstated. If We require an application, Your Policy is reinstated when We approve the application, or (unless We have already disapproved it in writing) on the 45th day after We receive the application.

The reinstated Policy is in force to cover loss that starts after the reinstatement. In all other respects, the Policy remains the same except for any provisions noted on or attached to the reinstated Policy.

Changes in Medicare: Any benefits designed to cover cost sharing amounts under Medicare will be changed automatically to coincide with any changes in the applicable Medicare deductible, co-payment, and coinsurance amounts. Your premiums may be modified to correspond with such changes.

Extension of Benefits: Termination shall be without prejudice to any continuous loss which began while the Policy was in force. Any extension of benefits beyond that time may be conditional upon the continuous total disability of the Insured, limited to the appropriate benefit period or payment of maximum benefits. Receipt of Medicare Part D benefits will not be considered in determining a continuous loss.

Medicaid Suspension: The benefits and premiums under this Policy will be suspended during Your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If You are no longer entitled to Medicaid, Your Policy will be reinstituted if requested within 90 days of losing Medicaid eligibility.

Group Health Plan Suspension: The benefits and premiums under this Policy will be suspended at Your request if You are entitled to benefits under Section 226(b) of the Social Security Act (disabled under age 65) and are covered under a group health plan as defined in Section 1862(b)(1)(A)(v) of the Social Security Act (group health insurance coverage with an employer that has 20 or more employees). If You then lose coverage under Your group health plan, Your Policy will be reinstituted automatically effective as of the date of Your group health plan termination. You must notify Us of the coverage termination within 90 days after the date of coverage termination and pay the premium attributable to the period.

BENEFITS

This Policy is designed to supplement the Federal Medicare Program. You must have Medicare as primary coverage for this Policy to supplement. If You are not enrolled in Part B of Medicare, We will pay benefits as if You were enrolled.

Your Policy benefits will be adjusted whenever Medicare changes its benefits. We may adjust the Renewal Premium accordingly, subject to the Premium Changes provision.

If You incur expenses, We will pay benefits as follows:

BASIC BENEFITS

Inpatient Hospital Benefit: We will pay the Part A Medicare Eligible Expenses for hospitalization to the extent not covered by Medicare from the 61st day through the 90th day in any Medicare Benefit Period.

Additional Inpatient Hospital Benefit: We will pay for Part A Medicare Eligible Expenses incurred for hospitalization to the extent not covered by Medicare for each Medicare lifetime inpatient reserve day used.

Lifetime Maximum Inpatient Hospital Benefit: Upon exhaustion of the Medicare Hospital inpatient coverage, including the lifetime reserve days, We will pay 100% of the Medicare Part A eligible expenses for hospitalization paid at the applicable prospective payment system (PPS) rate, or other appropriate Medicare standard of payment, subject to a lifetime maximum benefit of an additional 365 days. The provider will accept Our payment as payment in full and may not bill You for any balance.

Blood: We will pay for the reasonable cost of the first three pints of blood (or equivalent quantities of packed red blood cells, as defined under federal regulations), covered under Medicare Parts A and B, unless replaced in accordance with federal regulations.

Medical Benefits: We will pay the co-insurance amount, or in the case of hospital outpatient department services paid under a prospective payment system, the copayment amount, of Medicare Eligible Expenses under Part B regardless of hospital confinement, subject to the Medicare Part B deductible.

Hospice Care: We will pay the cost sharing for all Part A Medicare eligible Hospice Care and Respite Care expenses.

ADDITIONAL BENEFITS

Medicare Part A Deductible: We will pay the Medicare Part A inpatient Hospital deductible amount per Medicare Benefit Period.

Skilled Nursing Facility Care: We will pay the actual billed charges up to the coinsurance amount from the 21st day through the 100th day in a Medicare Benefit Period for post-hospital Skilled Nursing Facility care eligible under Medicare Part A.

100% of the Medicare Part B Excess Charges: We will pay all of the difference between the actual Medicare Part B charge as billed, not to exceed any charged limitation established by the Medicare program or state law, and the Medicare-approved Part B charge.

Foreign Travel Emergency: We will pay to the extent not covered by Medicare for 80% of the billed charges for Medicare-eligible expenses for medically necessary emergency Hospital, Physician and medical care received in a foreign country, which care would have been covered by Medicare if provided in the United States and which care began during the first 60 consecutive days of each trip outside the United States, subject to a Calendar Year deductible of \$250, and a lifetime maximum benefit of \$50,000. For purposes of this benefit, "emergency care" shall mean care needed immediately because of an Accident or a Sickness of sudden or unexpected onset.

POLICY LIMITATIONS

We will not pay for:

- (a) confinement that begins or expenses incurred while Your Policy is not in force.
- (b) services of the type not covered by Medicare, unless specifically provided by the Policy.

PAYMENT OF CLAIMS

Notice of Claim: Written notice of claim must be given within 20 days after a covered accident or sickness or as soon as reasonably possible. Written notice should include Your name and Policy number and should be sent to Physicians Mutual Insurance Company, P.O. Box 2018, Omaha, NE 68131.

Claim Forms: We will send You claim forms after We receive notice of claim. For a continuing loss We will furnish forms with each periodic benefit payment. If We do not furnish forms within 15 days, You can submit proof of loss (a written statement of the nature and extent of the loss) without using our claim forms.

Proof of Loss: We require written proof that a claim exists within the terms of Your Policy. Except in the absence of legal capacity, such proof must be given no later than 15 months from the date of loss.

Time of Payment: We will pay all claims due as soon as We have valid proof.

Payment of Claims: We will pay the benefits to You, unless You assign the benefits to another. If, at the time of Your death, there is an unpaid benefit, We will pay it to Your estate; however, We may pay up to \$1,000 of it to any relative by blood or connection by marriage We find entitled. Our obligation is satisfied to the extent of such payment.

DEFINITIONS

Accident means accidental bodily injury sustained by You, which is the direct result of an Accident, independent of disease or bodily infirmity or any other cause, and occurs while Your Policy is in force.

Calendar Year is as defined in the Medicare program.

Hospice Care is as defined in the Medicare program.

Hospital is as defined in the Medicare program.

Medicare means The Health Insurance for the Aged Act, Title XVIII of the Social Security Amendments of 1965 as Then Constituted or Later Amended, or Title I, Part I of Public Law 89-97, as Enacted by the Eighty-Ninth Congress of the United States of America and popularly known as the Health Insurance for the Aged Act, as then constituted and any later amendments or substitutes thereof.

Medicare Benefit Period is as defined in the Medicare program.

Medicare Eligible Expenses means expenses of the kinds covered by Medicare Parts A and B to the extent recognized as reasonable and medically necessary by Medicare.

Physician is as defined in the Medicare program.

Respite Care is as defined in the Medicare program.

Sickness means Your illness or disease.

Skilled Nursing Facility is as defined in the Medicare program.

GENERAL PROVISIONS

Time Limit on Certain Defenses: After two years from the date of issue of this Policy no misstatements, except fraudulent misstatements, made by the applicant in the Application for such Policy shall be used to void the Policy or to deny a claim for loss incurred after the expiration of such two-year period.

No claim for loss commencing after the Policy Effective Date should be reduced or denied on the grounds that a disease or physical condition existed prior to the Policy Effective Date.

Misstatement Of Age: If Your age was misstated and a different premium would have been charged, the benefits will be adjusted to what the premium paid would have purchased using the correct age.

Refund of Unearned Premiums: If You die while Your policy is in force, We will refund any unearned premium paid for any period beyond the end of the policy month in which the death occurred. Any unearned premium will be paid no later than 30 days after We receive proof of Your death.

Legal Actions: You can't bring a legal action to recover under the Policy: (a) until 60 days after You have given written proof of loss, or (b) more than three years after the date proof of loss is required.

Other Insurance With This Company: You may have only one Medicare Supplement Policy with us. If, in error, We issue more than one, You, Your beneficiary, or Your estate may select the Policy to remain in force. We will refund the money You paid on the other Policy, less the amount of claims paid.

Conformity With State Statutes: Any provision of this Policy in conflict with the laws of the state where You reside on its Effective Date is Amended to the minimum requirements of those laws.

Policy Issue - First Premium: If the First Premium shown in the Schedule has been paid, this Policy goes into effect on the Effective Date shown in the Schedule.

Periods of Insurance: All periods of insurance begin and end at 12:01 A.M., Standard Time at Your residence.

Dividends: This Policy is non-participating and does not pay dividends.

Physicians Mutual Insurance Company,

R.A. Reed

President

SCHEDULE

PLAN G

999-9999-99999

Policy Number	XXX-XXX-XXX-X	Insured – John	Age XX
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Effective Date 06/01/2010
First Renewal Date 07/01/2010
First Premium \$X,XXX.XX

Renewal Premium

*ABW \$XXX.XX
Name of Insured: *Monthly \$XXX.XX
*Quarterly \$X,XXX.XX

John Q. Doe *Semi-annual \$X,XXX.XX

*Annual \$X,XXX.XX

PLAN G PAYS:

PART A BENEFITS - PART B BENEFITS -

Part A deductible amount per Medicare Generally 20% of Medicare Eligible Expenses

Benefit Period (Subject to Medicare Part B deductible)

Co-insurance – 61st to 90th day 100% of the Medicare Part B Excess Charges

Co-insurance – 91st to 150th day First three pints of blood

(Lifetime reserve days)

Foreign Travel Emergency medical benefits – 80% to a lifetime maximum of \$50,000

paying when benefits exhausted

(Maximum of 365 days)

Co-insurance for Skilled Nursing

Co-insurance for Skilled Nursing Facility Care – 21st to 100th day

First three pints of blood

Hospice Care cost sharing

These are just brief descriptions of the benefits payable under the Plan G Medicare Supplement Policy. See your Policy for complete descriptions of benefits.

The information shown on this schedule is current as of [The effective date shown above.]

*Subject to premium changes provision.

PHYSICIANS MUTUAL INSURANCE COMPANY 2600 DODGE ST. OMAHA, NE 68131

MEDICARE SUPPLEMENT HIGH DEDUCTIBLE PLAN F POLICY

Notice to Buyer: This Policy may not cover all of Your medical expenses.

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Consideration: This Policy is issued in consideration of the Application and payment of the first premium.

IMPORTANT NOTICES

Entire Contract; Changes: This Contract is between Physicians Mutual Insurance Company ("We", "Us", "Our", or "Company") and the Insured shown on the Schedule ("You", "Your", or "Insured"). The entire contract is the Policy, the Schedule, the Application and any riders signed by a Company Officer. No change in this Policy will be effective until approved by a Company Officer. This approval must be noted on or attached to this Policy. No agent may change this Policy or waive any of its provisions. All statements made in the Application are deemed representations and not warranties.

30 Day Right To Examine The Policy: If You return the Policy within 30 days after You receive it, We will return Your money. Then, the Policy is void as if no Policy had been issued.

Read Your Application: Be sure Your Application is correct and complete. We rely on all statements made by You or for You on the Application You signed. If any statement is incorrect or incomplete, notify Us immediately. Unless corrected, Your Policy may be void.

GUARANTEED RENEWAL AGREEMENT

Guaranteed Renewable With Timely Payment: You can keep Your Policy in force as long as You pay Your Renewal Premiums on time. When We receive Your Renewal Premium before the Grace Period ends, We must accept it. Renewal Premium means any Policy premium due Us after Your first premium payment has been made.

Premium Changes: We may change Your Renewal Premium, only if We make the same change for all policies of this form and class in the State where You live.

We will not increase Your premium earlier than 12 months after the Effective Date of this Policy, nor will We increase Your premium more than once in any 12 month period after 12 months from the Effective Date of this Policy, unless You no longer qualify for a premium discount.

Grace Period: You have 31 days after the due date to pay each Renewal Premium. The Policy stays in effect during this Grace Period.

Late Payment Lapse: If We do not receive Your Renewal Premium before the Grace Period ends, Your coverage stops at the end of the Grace Period. This is a Lapse and Your Policy is no longer in force.

Reinstatement: If Your Policy Lapses, We may or may not put it back in force (reinstate) at our option. If We accept a late premium and do not require an application, Your Policy is reinstated. If We require an application, Your Policy is reinstated when We approve the application, or (unless We have already disapproved it in writing) on the 45th day after We receive the application.

The reinstated Policy is in force to cover loss that starts after the reinstatement. In all other respects, the Policy remains the same except for any provisions noted on or attached to the reinstated Policy.

Changes in Medicare: Any benefits designed to cover cost sharing amounts under Medicare will be changed automatically to coincide with any changes in the applicable Medicare deductible, co-payment, and coinsurance amounts. Your premiums may be modified to correspond with such changes.

Extension of Benefits: Termination shall be without prejudice to any continuous loss which began while the Policy was in force. Any extension of benefits beyond that time may be conditional upon the continuous total disability of the Insured, limited to the appropriate benefit period or payment of maximum benefits. Receipt of Medicare Part D benefits will not be considered in determining a continuous loss.

Medicaid Suspension: The benefits and premiums under this Policy will be suspended during Your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If You are no longer entitled to Medicaid, Your Policy will be reinstituted if requested within 90 days of losing Medicaid eligibility.

Group Health Plan Suspension: The benefits and premiums under this Policy will be suspended at Your request if You are entitled to benefits under Section 226(b) of the Social Security Act (disabled under age 65) and are covered under a group health plan as defined in Section 1862(b)(1)(A)(v) of the Social Security Act (group health insurance coverage with an employer that has 20 or more employees). If You then lose coverage under Your group health plan, Your Policy will be reinstituted automatically effective as of the date of Your group health plan termination. You must notify Us of the coverage termination within 90 days after the date of coverage termination and pay the premium attributable to the period.

BENEFITS

This Policy is designed to supplement the Federal Medicare Program. You must have Medicare as primary coverage for this Policy to supplement. If You are not enrolled in Part B of Medicare, We will pay benefits as if You were enrolled.

Your Policy benefits will be adjusted whenever Medicare changes its benefits. We may adjust the Renewal Premium accordingly, subject to the Premium Changes provision.

AFTER YOU SATISFY THE HIGH DEDUCTIBLE FOR EACH CALENDAR YEAR, WE WILL PAY BENEFITS AS FOLLOWS:

BASIC BENEFITS

Inpatient Hospital Benefit: We will pay the Part A Medicare Eligible Expenses for hospitalization to the extent not covered by Medicare from the 61st day through the 90th day in any Medicare Benefit Period.

Additional Inpatient Hospital Benefit: We will pay for Part A Medicare Eligible Expenses incurred for hospitalization to the extent not covered by Medicare for each Medicare lifetime inpatient reserve day used.

Lifetime Maximum Inpatient Hospital Benefit: Upon exhaustion of the Medicare Hospital inpatient coverage, including the lifetime reserve days, We will pay 100% of the Medicare Part A eligible expenses for hospitalization paid at the applicable prospective payment system (PPS) rate, or other appropriate Medicare standard of payment, subject to a lifetime maximum benefit of an additional 365 days. The provider will accept Our payment as payment in full and may not bill You for any balance.

Blood: We will pay for the reasonable cost of the first three pints of blood (or equivalent quantities of packed red blood cells, as defined under federal regulations), covered under Medicare Parts A and B, unless replaced in accordance with federal regulations.

Medical Benefits: We will pay the co-insurance amount, or in the case of hospital outpatient department services paid under a prospective payment system, the copayment amount, of Medicare Eligible Expenses under Part B regardless of hospital confinement, subject to the Medicare Part B deductible.

Hospice Care: We will pay the cost sharing for all Part A Medicare eligible Hospice Care and Respite Care expenses.

ADDITIONAL BENEFITS

Medicare Part A Deductible: We will pay the Medicare Part A inpatient Hospital deductible amount per Medicare Benefit Period.

Skilled Nursing Facility Care: We will pay the actual billed charges up to the coinsurance amount from the 21st day through the 100th day in a Medicare Benefit Period for post-hospital Skilled Nursing Facility care eligible under Medicare Part A.

Medicare Part B Deductible: We will pay the Medicare Part B deductible amount per Calendar Year regardless of Hospital confinement.

100% of the Medicare Part B Excess Charges: We will pay all of the difference between the actual Medicare Part B charge as billed, not to exceed any charged limitation established by the Medicare program or state law, and the Medicare-approved Part B charge.

Foreign Travel Emergency: We will pay to the extent not covered by Medicare for 80% of the billed charges for Medicare-eligible expenses for medically necessary emergency Hospital, Physician and medical care received in a foreign country, which care would have been covered by Medicare if provided in the United States and which care began during the first 60 consecutive days of each trip outside the United States, subject to a Calendar Year deductible of \$250, and a lifetime maximum benefit of \$50,000. For purposes of this benefit, "emergency care" shall mean care needed immediately because of an Accident or a Sickness of sudden or unexpected onset.

POLICY LIMITATIONS

We will not pay for:

- (a) confinement that begins or expenses incurred while Your Policy is not in force.
- (b) services of the type not covered by Medicare, unless specifically provided by the Policy.

PAYMENT OF CLAIMS

Notice of Claim: Written notice of claim must be given within 20 days after a covered accident or sickness or as soon as reasonably possible. Written notice should include Your name and Policy number and should be sent to Physicians Mutual Insurance Company, P.O. Box 2018, Omaha, NE 68131.

Claim Forms: We will send You claim forms after We receive notice of claim. For a continuing loss We will furnish forms with each periodic benefit payment. If We do not furnish forms within 15 days, You can submit proof of loss (a written statement of the nature and extent of the loss) without using our claim forms.

Proof of Loss: We require written proof that a claim exists within the terms of Your Policy. Except in the absence of legal capacity, such proof must be given no later than 15 months from the date of loss.

Time of Payment: We will pay all claims due as soon as We have valid proof.

Payment of Claims: We will pay the benefits to You, unless You assign the benefits to another. If, at the time of Your death, there is an unpaid benefit, We will pay it to Your estate; however, We may pay up to \$1,000 of it to any relative by blood or connection by marriage We find entitled. Our obligation is satisfied to the extent of such payment.

DEFINITIONS

Accident means accidental bodily injury sustained by You, which is the direct result of an Accident, independent of disease or bodily infirmity or any other cause, and occurs while Your Policy is in force.

Calendar Year is as defined in the Medicare program.

Hospice Care is as defined in the Medicare program.

Hospital is as defined in the Medicare program.

Medicare means The Health Insurance for the Aged Act, Title XVIII of the Social Security Amendments of 1965 as Then Constituted or Later Amended, or Title I, Part I of Public Law 89-97, as Enacted by the Eighty-Ninth Congress of the United States of America and popularly known as the Health Insurance for the Aged Act, as then constituted and any later amendments or substitutes thereof.

Medicare Benefit Period is as defined in the Medicare program.

Medicare Eligible Expenses means expenses of the kinds covered by Medicare Parts A and B to the extent recognized as reasonable and medically necessary by Medicare.

Physician is as defined in the Medicare program.

Respite Care is as defined in the Medicare program.

Sickness means Your illness or disease.

Skilled Nursing Facility is as defined in the Medicare program.

GENERAL PROVISIONS

Time Limit on Certain Defenses: After two years from the date of issue of this Policy no misstatements, except fraudulent misstatements, made by the applicant in the Application for such Policy shall be used to void the Policy or to deny a claim for loss incurred after the expiration of such two-year period.

No claim for loss commencing after the Policy Effective Date should be reduced or denied on the grounds that a disease or physical condition existed prior to the Policy Effective Date.

Misstatement Of Age: If Your age was misstated and a different premium would have been charged, the benefits will be adjusted to what the premium paid would have purchased using the correct age.

Refund of Unearned Premiums: If You die while Your policy is in force, We will refund any unearned premium paid for any period beyond the end of the policy month in which the death occurred. Any unearned premium will be paid no later than 30 days after We receive proof of Your death.

Legal Actions: You can't bring a legal action to recover under the Policy: (a) until 60 days after You have given written proof of loss, or (b) more than three years after the date proof of loss is required.

Other Insurance With This Company: You may have only one Medicare Supplement Policy with us. If, in error, We issue more than one, You, Your beneficiary, or Your estate may select the Policy to remain in force. We will refund the money You paid on the other Policy, less the amount of claims paid.

Conformity With State Statutes: Any provision of this Policy in conflict with the laws of the state where You reside on its Effective Date is Amended to the minimum requirements of those laws.

Policy Issue - First Premium: If the First Premium shown in the Schedule has been paid, this Policy goes into effect on the Effective Date shown in the Schedule.

Periods of Insurance: All periods of insurance begin and end at 12:01 A.M., Standard Time at Your residence.

Dividends: This Policy is non-participating and does not pay dividends.

Physicians Mutual Insurance Company,

R.A. Reed

President

P027AR Page 6

SCHEDULE

HIGH DEDUCTIBLE PLAN F

999-9999-99999

Name of Insured:

John Q. Doe

Policy Number XXX-XXX-XX Insured – John Age XX

Effective Date 06/01/2010
First Renewal Date 07/01/2010
First Premium \$X,XXX.XX

Renewal Premium

*ABW \$XXX.XX *Monthly \$XXX.XX

*Monthly \$XXX.XX *Quarterly \$X,XXX.XX

*Semi-Annual \$X,XXX.XX

*Annual \$X,XXX.XX

The High Deductible amount for the year [2010] is [\$2,000.00] This amount will be adjusted annually.

High Deductible Plan F pays the following benefits after the High Deductible has been met for the Calendar Year.

PART A BENEFITS - PART B BENEFITS -

Part A deductible amount per Medicare Part B deductible

Benefit Period

Generally 20% of Medicare Eligible Expenses

Co-insurance – 61st to 90th day (Subject to Medicare Part B deductible)

Co-insurance – 91st to 150th day 100% of the Medicare Part B Excess Charges

(Lifetime reserve days)

First three pints of blood

Pays the same benefits that Medicare was

paying when benefits exhausted

(Maximum of 365 days)

Foreign Travel Emergency medical benefits – 80% to a lifetime maximum of \$50,000

Co-insurance for Skilled Nursing Facility Care – 21st to 100th day

First three pints of blood

Hospice Care cost sharing

These are just brief descriptions of the benefits payable under the High Deductible Plan F Medicare Supplement Policy. See your Policy for complete descriptions of benefits.

The information shown on this schedule is current as of [The effective date shown above.]

*Subject to premium changes provision.

HIGH DEDUCTIBLE PREMIUM DISCOUNT RIDER

This Rider is made a part of the Medicare Supplement Plan F Policy to which it is attached. It is subject to all Policy provisions not in conflict with the provisions of this Rider. This Rider is effective on the Effective Date of Your Policy.

DEFINITIONS

In addition to the **DEFINITIONS** in the Policy, the following definitions apply:

High Deductible means the amount of out-of-pocket expenses, other than premiums, You are required to pay each Calendar Year before the benefits of the Policy are payable. Out-of-pocket expenses are the expenses which, in the absence of the High Deductible, would be paid by the Policy. These expenses include the Medicare Part A and Part B Deductibles, but do not include the separate Foreign Travel Emergency deductible. The High Deductible amount will be adjusted annually by the Secretary of the United States Department of Health and Human Services. The High Deductible for the Calendar Year in which this Rider is issued is shown on the Policy Schedule.

High Deductible Elimination Date is the date Your Policy benefits are no longer subject to the High Deductible as defined by this Rider. This date will be January 1 following your third policy anniversary. The exact date including the year is shown on the Policy Schedule.

AMENDMENT TO PLAN F BENEFITS

This Amendment only applies prior to the High Deductible Elimination Date and while this Rider is in force.

The following is added to the **BENEFITS** provision of Your Policy:

We will pay the **BASIC BENEFITS** and **ADDITIONAL BENEFITS** for the Medicare Eligible Expenses You incur after You satisfy the High Deductible for each Calendar Year.

PREMIUM DISCOUNT

This Rider provides a premium discount for as long as this Rider is in force, both before and after the High Deductible Elimination Date. The premium You pay for the Policy with this Rider will always be less than Our standard Plan F policy premium for policies of this form and class in the State where You live. Your premium with or without this Rider is subject to the Premium Changes provision of Your Policy.

TERMINATION

You may terminate this Rider prior to the High Deductible Elimination Date. Your termination request must be in writing. If you terminate this Rider prior to the High Deductible Elimination Date, the High Deductible and the premium discount will no longer apply to future expenses and premiums. No underwriting is required for elimination of the High Deductible.

Additionally, this Rider will terminate upon termination of the Policy.

Physicians Mutual Insurance Company,

R.A. Reed

B345 President

Medicare Supplement Application to PHYSICIANS MUTUAL INSURANCE COMPANY© 2600 Dodge Street • Omaha, Nebraska 68131

Policy No.	Source I.D.
Please print the following information.	
Applicant's Name First Middle Initial	Date of Birth
Street First Middle Initial	Last Mo. Day Yr.
Address	Apt Age Sex
City State	Zip Phone No. ()
	Area Code
E-mail address (optional)	
Applicant's Medicare Health Insurance Claim Num (exactly as shown on your Medicare card)	iber(HICN)
☐ Annual ☐ Quarterly ☐ Semi-annual	■ Monthly ■ ABW TYPE 1
	\$
	Premium Collected Modal Premium
Type of coverage applied for:	
☐ PLAN A/P020 ☐ PLAN G/P026 ☐ H	IIGH DEDUCTIBLE PLAN F/P027
☐ PLAN F/P025 <u>WITHOUT</u> HIGH DED	OUCTIBLE PREMIUM DISCOUNT RIDER/B345
Rating Structure: (10)	
□ PLAN E/P025 WITH HIGH DEDUCTI	IBLE PREMIUM DISCOUNT RIDER/B345
	IDEE TREMICIAL DISCOUNT RIDER/B343
Rating Structure: (20)	
	erage and received a notice from your prior insurer saying yo
	pplement insurance policy, or that you had certain rights to bu
	ance in one or more of our Medicare Supplement plans ior insurer with your application. PLEASE ANSWER ALI
QUESTIONS.	for insurer with your approached. I EE/16E/11/6 WERTIES
To the best of your knowledge:	YES NO
1. Are you enrolled in Part A and Part B of M	
2. Did you turn age 65 in the last 6 months? .	
	the first time in the last six months?
If yes, you do NOT need to answer question	ns 7-21. If yes, please show date of enrollment
(month/day/year)	
3. Are you covered for medical assistance through	
	icipating in a "Spend-Down Program" and
have not met your "Share of Cost," please a If yes:	answer 110 to this question.
	Medicare Supplement policy?
	OTHER THAN payments toward your Medicare

		YES	NO
4.	If you had coverage from any Medicare plan other than original Medicare within the past 63 days (for example, a Medicare Advantage plan, or a Medicare HMO or PPO), fill in your start and end dates below. If you are still covered under this plan, leave "END" blank.	ILS	110
	Start/ End/ /		
	a. If you are still covered under the Medicare plan, do you intend to replace your current coverage with this new Medicare Supplement policy?		
	b. Was this your first time in this type of Medicare plan?		
	c. Did you drop a Medicare Supplement policy to enroll in the Medicare plan?		
5.	Do you have another Medicare Supplement policy in force?		
	a. If so, with what company and what plan do you have?		
	b. If so, do you intend to replace your current Medicare Supplement policy with this policy?		П
	If yes, please show requested date of termination/disenrollment//	_	
6.	Have you had coverage under any other health insurance within the past 63 days? (For example, an employer, union, or individual plan)		
	a. If so, with what company and what kind of policy?	_	_
	b. What are your dates of coverage under the other policy? (If you are still covered under the other policy, leave "END" blank) Start/ End//		
	c. If you are still covered by the policy described above, do you intend to replace your current coverage with this new Medicare Supplement policy?	П	
	If yes, please show requested date of termination/disenrollment/_/		
7.	Have you been hospitalized or confined to a nursing home within the past 90 days, or have you been hospitalized 2 or more times in the past 12 months?	П	
8.	Do you require the use of a walker?		
9.	Are you bedridden, or do you require the use of a wheelchair?	П	
10.	Do you have or have you been told by a medical professional that you have Alzheimer's Disease, Dementia, or any other cognitive disorder?		
11.	Have you been diagnosed as having, or received treatment by a medical professional for Acquired Immune Deficiency Syndrome (AIDS), and/or Positive HIV and/or AIDS		
10	Related Complex (ARC)?		
12.	Are you taking prescription drugs for both diabetes and a heart condition (including high blood pressure)?		
13.	Are you taking anti-coagulant (blood thinner) drugs?		
14.	Have you been advised by a medical professional that you may need surgery or a non-routine medical procedure within the next 12 months? (includes cataract surgery)		

					YES	NO
you have, or have	e you been trea	ted for any of the	•			
internal cancecongestive hea	r; leukemia; m art failure; valv	alignant melan vular heart disea	oma;	; heart rhythm		
an arterial sterinsulin dependsystemic lupumultiple sclero	nt);	us (SLE); hic Lateral Scler	rosis (ALS); Parkinson's Dis legenerative bone disease; s	ease;		
 liver disease; c chronic obstru an illness or co stroke; transier 	chronic kidney active pulmona condition for wl nt ischemic att	disorder; kidney ary disease (CO hich you use ox tack (TIA);	r) or the spine;			
coverage.				,		
1	_		weight			
l -	_	_	2 months?			
· ·	_		Bronchitis, or Breathing Dis I treatment in an assisted livin			
If yes, please ex		received medica	i treatment in an assisted hvii	ig racinty:		
20 5	. 1.1	1. 1				
20. Do you have a m	ental disease or	disorder requiri	ng medication (including dep	pression)?		
		-		•	YES	NO
21. In the past 12 mor counter drugs, or n	nths, have you t	taken or been ad uding narcotics,	ng medication (including deposite of the control of	n drugs, over the	YES	NO
21. In the past 12 mor	nths, have you t	taken or been ad uding narcotics,	vised to take any prescriptio	n drugs, over the es?	YES	NO
21. In the past 12 mor counter drugs, or n	nths, have you t	taken or been ad uding narcotics,	vised to take any prescriptio	n drugs, over the	Da	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte
21. In the past 12 mor counter drugs, or I If "YES," indicate Medication	nths, have you to medicines included the specifics be Quantity	taken or been ad uding narcotics, elow:	vised to take any prescriptio barbiturates or amphetamin Prescribing	n drugs, over the es?	Da La	nte

IMPORTANT STATEMENTS TO BE READ BY APPLICANT

- (1) You do not need more than one Medicare Supplement policy.
- (2) If you purchase this policy, you may want to evaluate your existing health coverage and decide if you need multiple coverages.
- (3) You may be eligible for benefits under Medicaid and may not need a Medicare Supplement policy.
- (4) If, after purchasing this policy, you become eligible for Medicaid, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, during your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If you are no longer entitled to Medicaid, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing Medicaid eligibility. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage, but will otherwise be substantially equivalent to your coverage before the date of the suspension.
- (5) If you are eligible for, and have enrolled in a Medicare Supplement policy by reason of disability and you later become covered by an employer or union-based group health plan, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, while you are covered under the employer or union-based group health plan. If you suspend your Medicare Supplement policy under these circumstances, and later lose your employer or union-based group health plan, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing your employer or union-based group health plan. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage, but will otherwise be substantially equivalent to your coverage before the date of suspension.
- (6) Counseling services may be available in your state to provide advice concerning your purchase of Medicare Supplement insurance and concerning medical assistance through the state Medicaid program, including benefits as a Qualified Medicare Beneficiary (QMB) and a Specified Low-Income Medicare Beneficiary (SLMB).

The Undersigned applicant and agent certify that the applicant has read, or had read to him or her, the completed application and that the applicant realizes that any false statement or misrepresentation in the application may result in loss of coverage under the policy.

I represent and agree that all information stated in this application is complete and correct to the best of my knowledge.

Fraud Warning: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit, or knowingly presents false information in an application for insurance, is guilty of a crime and may be subject to fines and confinement in prison.

Signature of Applicant						
Date Application Completed				Dated at .		
z we rappround compressed	Mo.	Day	Yr		City	State

I represent and agree that I have truly and accurately recorded in this application all information supplied						
by the applicant and personally witnessed (his-her) signature.						
This policy does replace does not replace any						
This policy does replace describe replace any	module presently in force.					
Signature of Licensed Resident Agent(s)	Signature of Licensed Resident Agent(s)					
Print Name of Licensed Resident Agent(s)	Print Name of Licensed Resident Agent(s)					
NPN of Licensed Resident Agent(s)	NPN of Licensed Resident Agent(s)					
TO BE FILLED OUT BY AGENT						
1. List any other health insurance policies you have	sold the applicant which are still in force:					
2. List any other health insurance policies you have	sold the applicant in the past five (5) years which					
are no longer in force:						

A2010T-AR

Physicians Mutual Insurance Company

Benefit Chart of Medicare Supplement Plans Sold For Effective Dates on or After June 1, 2010.

This chart shows the benefits included in each of the standard Medicare supplement plans. Every company must make Plan "A" available. Some plans may not be available in your state.

Plans E, H, I, and J are no longer available for sale.

Basic Benefits:

- Hospitalization Part A coinsurance plus coverage for 365 additional days after Medicare benefits end.
- Medical Expenses Part B coinsurance (generally 20% of Medicare-approved expenses) or copayments for hospital outpatient services. Plans K, L, and N require insureds to pay a portion of Part B coinsurance or copayments.
- **Blood** First three pints of blood each year.
- **Hospice** Part A coinsurance.

A	В	С	D	F F* F**	G	K	L	M	N
Basic, including 100% Part B coinsurance	Basic, including 100% Part B coinsurance	Basic, including 100% Part B coinsurance	Basic, including 100% Part B coinsurance	Basic, including 100% Part B coinsurance*	Basic, including 100% Part B coinsurance	and preventive care paid at 100%; other	care paid at 100%; other	Basic, including 100% Part B coinsurance	Basic, including 100% Part B coinsurance,
		Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance	basic benefits paid at 50%	basic benefits paid at 75%		except up to \$20 copayment for office visit, and up to \$50 copayment
	Part A Deductible	Part A Deductible	Part A Deductible	Part A Deductible	Part A Deductible				for ER
		Part B Deductible		Part B Deductible	D- 4 D	50% Skilled Nursing Facility	75% Skilled Nursing Facility	Skilled Nursing Facility	Skilled Nursing Facility
				Part B Excess (100%)	Part B Excess (100%)	Coinsurance	Coinsurance	Coinsurance	Coinsurance
		Foreign Travel	Foreign Travel	Foreign Travel	Foreign Travel	50% Part A Deductible	75% Part A Deductible	50% Part A Deductible	Part A Deductible
*Plan F also h	as an option ca	Emergency	Emergency	Emergency This high de	Emergency			Foreign Travel Emergency	Foreign Travel Emergency
pays the sam deductible. Be expenses exce- that would or deductibles fo	ne benefits as nefits from the ed \$[2000]. Ou dinarily be part A and lency deductible	Plan F after high deductibut-of-pocket eid by the polipart B, but de	one has paid ble plan F will r expenses for the cy. These exp	d a calendar not begin until nis deductible enses include	year \$[2000] out-of-pocket are expenses the Medicare	Out-of-Pocket limit \$[4620]; paid at 100%	limit \$[2310];	Lineigency	Lineigency

**A High Deductible Premium Discount Rider is also available to add to Plan F. The addition of this Rider will provide the same benefits as a standard High Deductible Plan F from the effective date of the policy until the Deductible Elimination Date as defined on the Policy Schedule. On or after the Deductible Elimination Date, the benefits provided will be standard Plan F benefits. If you terminate the rider prior to the Deductible Elimination Date, the benefits revert to standard Plan F benefits.

C020-AR

	AUTOMATIC BANK WITHDRAWAL RATES* AREA E										
		Non-To	obacco Rate	S				Tok	oacco Rates		
Age	AgePlan FPlan FHigh Ded. Plan FPlan GAgePlan APlan FPlan FHigh Ded. W/Rider**Plan G								Plan G		
65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]

	AUTOMATIC BANK WITHDRAWAL RATES* AREA F										
		Non-T	obacco Rate	S				Tol	oacco Rates		
Age	Age Plan F Plan F High Ded. Plan F w/Rider** Plan F Plan G Age Plan A Plan F w/Rider** Plan F Plan G								Plan G		
65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]

	AUTOMATIC BANK WITHDRAWAL RATES* AREA H										
		Non-T	obacco Rate	S				Tol	pacco Rates		
Age	Age Plan F Plan F High Ded. Plan F Plan F Plan G Age Plan A Plan F Plan F Plan G								Plan G		
65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	65-99	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]	\$[XX.XX]

To calculate monthly premiums, first apply all discounts and then add \$5.00 to the A.B.W. premium. For other modes, first apply all discounts and then multiply the A.B.W. premium by the following factors: Annual-12, Semi-annual-6, Quarterly-3.

^{**} Rider is the High Deductible Premium Discount Rider, an optional rider only available with Plan F.

Arkansas ZIP CODE GUIDE PLANS A, F, and HDF									
Zip Code Start	Zip Code Start Zip Code End Area Indicator								
71600	71899	E							
71900	72199	\mathbf{F}							
72200 72299 H									
72300	72999	E							

Arkansas ZIP CODE GUIDE PLAN G								
Zip Code Start	Zip Code Start Zip Code End Area Indicator							
71600	71899	E						
71900	72199	F						
72200	72200 72299 H							
72300	72999	Ē						

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^{*} See Premium Information regarding LTC, Annuity, and Household discounts.

PREMIUM INFORMATION

We, Physicians Mutual Insurance Company, can only raise your premium if we raise the premium for all policies of this form and class in your state, or if you no longer qualify for a premium discount. Premiums never increase because of age, but can receive increases to cover changes in Medicare benefits and inflation.

LTC, ANNUITY, AND HOUSEHOLD DISCOUNTS

We provide a discount off your Medicare Supplement premium if you own a Long-Term Care policy or an Annuity from Physicians Mutual or Physicians Life Insurance Company that meets our requirements. The discount for your Medicare Supplement policy is 10% for Long-Term Care and 5% for an Annuity. If you reside with another person who owns a Medicare Supplement policy with Physicians Mutual or Physicians Life, we will provide you a \$5.00 per month Household discount off your Medicare Supplement premium. All discounts are applied prior to adding \$5.00 for monthly direct premiums if you select this mode. All these discounts may be used in conjunction with each other. The discounts will be removed if you no longer meet our requirements.

DISCLOSURES

Use this outline to compare benefits and premiums among policies. This outline shows benefits and premiums of policies sold for effective dates on or after June 1, 2010. Policies sold for effective dates prior to June 1, 2010, have different benefits and premiums. Plans E, H, I, and J are no longer available for sale.

READ YOUR POLICY VERY CAREFULLY

This is only an outline describing your policy's most important features. The policy is your insurance contract. You must read the policy itself to understand all of the rights and duties of both you and your insurance company.

RIGHT TO RETURN POLICY

If you find that you are not satisfied with your policy, you may return it to Physicians Mutual, 2600 Dodge Street, Omaha, NE 68131. If you send the policy back to us within 30 days after you receive it, we will treat the policy as if it had never been issued and return all of your payments.

POLICY REPLACEMENT

If you are replacing another health insurance policy, do NOT cancel it until you have actually received your new policy and are sure you want to keep it.

NOTICE

This policy may not fully cover all of your medical costs. Neither Physicians Mutual nor its agents are connected with Medicare. This outline of coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult *Medicare and You* for more details.

COMPLETE ANSWERS ARE VERY IMPORTANT

When you fill out the application for the new policy, be sure to answer truthfully and completely all questions about your medical and health history. The Company may cancel your policy and refuse to pay any claims if you leave out or falsify important medical information. Review the application carefully before you sign it. Be certain that all information has been properly recorded.

C020-AR

PLAN A

PHYSICIANS MUTUAL INSURANCE COMPANY MEDICARE SUPPLEMENT OUTLINE OF COVERAGE

P-020 Series

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

*A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
semiprivate room and board, general nursing and			
miscellaneous services and supplies			
First 60 days	All but \$[1,068]	\$0	\$[1,068] (Part A Deductible)
61st thru 90th day	All but \$[267] a day	\$[267] a day	\$0
91st day and after			
- While using 60 lifetime reserve days	All but \$[534] a day	\$[534] a day	\$0
Once lifetime reserve days are used:		100% of Medicare	
- Additional 365 days	\$0	Eligible Expenses	\$0**
- Beyond the Additional 365 days	\$0	\$0	All Costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and entered			
a Medicare-approved facility within 30 days after			
leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$[133.50] a day	\$0	Up to \$[133.50] a day
101st day and after	\$0	\$0	All Costs
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a	All but very limited	Medicare copayment/	\$0
doctor's certification of terminal illness.	copayment/coinsurance	coinsurance	
	for outpatient drugs		
	and inpatient respite care		

**NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN A

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

*Once you have been billed \$[135] of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Part B Deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	\$0	All Costs
BLOOD First 3 pints	\$0	All Costs	\$0
Next \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

PARTS A & B

HOME HEALTH CARE MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and			
medical supplies	100%	\$0	\$0
-Durable medical equipment			
First \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0

PHYSICIANS MUTUAL INSURANCE COMPANY MEDICARE SUPPLEMENT OUTLINE OF COVERAGE

P-020 Series

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

*A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
semiprivate room and board, general nursing and			
miscellaneous services and supplies			
First 60 days	All but \$[1,068]	\$[1,068] (Part A Deductible)	\$0
61st thru 90th day	All but \$[267] a day	\$[267] a day	\$0
91st day and after			
- While using 60 lifetime reserve days	All but \$[534] a day	\$[534] a day	\$0
Once lifetime reserve days are used:		100% of Medicare	
- Additional 365 days	\$0	Eligible Expenses	\$0**
- Beyond the Additional 365 days	\$0	\$0	All Costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and entered			
a Medicare-approved facility within 30 days after			
leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$[133.50] a day	Up to \$[133.50] a day	\$0
101st day and after	\$0	\$0	All Costs
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE	All but very limited		
You must meet Medicare's requirements, including a	copayment/coinsurance	Medicare copayment/	\$0
doctor's certification of terminal illness.	for outpatient	coinsurance	
	drugs and inpatient		
	respite care		

**NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN F

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

*Once you have been billed \$[135] of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Part B Deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charge (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints	\$0	All Costs	\$0
Next \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

PARTS A & B

HOME HEALTH CARE			
MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and			
medical supplies	100%	\$0	\$0
-Durable medical equipment	0.0		
First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$0

OC025-UNI Page 2

PLAN F

OTHER BENEFITS - NOT COVERED BY MEDICARE

FOREIGN TRAVEL - NOT COVERED BY			
MEDICARE			
Medically necessary emergency care services			
beginning during the first 60 days of each trip outside			
the U.S.A.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime maximum	20% and amounts over the
		benefit of \$50,000	\$50,000 lifetime maximum

OC025-UNI Page 3

PHYSICIANS MUTUAL INSURANCE COMPANY MEDICARE SUPPLEMENT OUTLINE OF COVERAGE

P-020 Series

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

*A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
semi-private room and board, general nursing and			
miscellaneous services and supplies			
First 60 days	All but \$[1,068]	\$[1,068] (Part A Deductible)	\$0
61st thru 90th day	All but \$[267] a day	\$[267] a day	\$0
91st day and after	-		
- While using 60 lifetime reserve days	All but \$[534] a day	\$[534] a day	\$0
Once lifetime reserve days are used:	-	100% of Medicare	
- Additional 365 days	\$0	Eligible Expenses	\$0**
-Beyond the Additional 365 days	\$0	\$0	All Costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and			
entered a Medicare-approved facility within 30 days			
after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$[133.50] a day	Up to \$[133.50] a day	\$0
101st day and after	\$0	\$0	All Costs
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE	All but very limited		
You must meet Medicare's requirements, including	copayment/coinsurance	Medicare copayment/	\$0
a doctor's certification of terminal illness.	for outpatient	coinsurance	
	drugs and inpatient		
	respite care		

**NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN G

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

*Once you have been billed \$[135] of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Part B Deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment			
First \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints	\$0	All Costs	\$0
Next \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

PARTS A & B

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and medical			
supplies	100%	\$0	\$0
-Durable medical equipment			
First \$[135] of Medicare Approved Amounts*	\$0	\$0	\$[135] (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0

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PLAN G

OTHER BENEFITS - NOT COVERED BY MEDICARE

FOREIGN TRAVEL - NOT COVERED BY			
MEDICARE			
Medically necessary emergency care services beginning			
during the first 60 days of each trip outside the U.S.A.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime	20% and amounts over
		maximum benefit of	the \$50,000 lifetime
		\$50,000	maximum

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HIGH DEDUCTIBLE PLAN F

PHYSICIANS MUTUAL INSURANCE COMPANY MEDICARE SUPPLEMENT OUTLINE OF COVERAGE

P-020 Series

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

*A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

**This high deductible plan pays the same benefits as Plan F after one has paid a calendar year \$[2,000] deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$[2,000]. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible.

		AFTER YOU PAY \$[2,000] DEDUCTIBLE,**	IN ADDITION TO \$[2,000] DEDUCTIBLE,**
SERVICES	MEDICARE PAYS	PLAN PAYS	YOUPAY
HOSPITALIZATION*			
semiprivate room and board, general nursing and			
miscellaneous services and supplies			
First 60 days	All but \$[1,068]	\$[1,068] (Part A Deductible)	\$0
61st thru 90th day	All but \$[267] a day	\$[267] a day	\$0
91st day and after			
- While using 60 lifetime reserve days	All but \$[534] a day	\$[534] a day	\$0
Once lifetime reserve days are used:		100% of Medicare	
- Additional 365 days	\$0	Eligible Expenses	\$0***
- Beyond the Additional 365 days	\$0	\$0	All Costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and entered			
a Medicare-approved facility within 30 days after			
leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$[133.50] a day	Up to \$[133.50] a day	\$0
101st day and after	\$0	\$0	All Costs
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE	All but very limited		
You must meet Medicare's requirements, including a		Medicare copayment/	\$0
doctor's certification of terminal illness.	for outpatient drugs and	coinsurance	
	inpatient respite care		
	- •		

***NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

Page 1

HIGH DEDUCTIBLE PLAN F

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

- *Once you have been billed \$[135] of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Part B Deductible will have been met for the calendar year.
- **This high deductible plan pays the same benefits as Plan F after one has paid a calendar year \$[2,000] deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$[2,000]. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible.

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$[2,000] DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO \$[2,000] DEDUCTIBLE,** YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charge (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints	\$0	All Costs	\$0
Next \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0

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HIGH DEDUCTIBLE PLAN F

PARTS A & B

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$[2,000] DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO \$[2,000] DEDUCTIBLE,** YOUPAY
HOME HEALTH CARE MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and medical supplies	100%	\$0	\$0
-Durable medical equipment First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$0

OTHER BENEFITS - NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	AFTER YOU PAY \$[2,000] DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO \$[2,000] DEDUCTIBLE,** YOUPAY
FOREIGN TRAVEL - NOT COVERED BY MEDICARE			
Medically necessary emergency care services beginning during the first 60 days of each trip outside the U.S.A.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum

OC027-UNI Page 3

PHYSICIANS MUTUAL INSURANCE COMPANY MEDICARE SUPPLEMENT OUTLINE OF COVERAGE

P-020 Series

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

*A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

**This Plan F with the High Deductible Premium Discount Rider pays the same benefits as standard Plan F after one has first paid a calendar year deductible (\$[2,000] in [2009], subject to change annually). Benefits will not begin until out-of-pocket expenses meet the deductible. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible. On or after the Deductible Elimination Date as defined on the Policy Schedule, the calendar year deductible is zero. Also, if you terminate the rider prior to the Deductible Elimination Date, the calendar year deductible is zero.

SERVICES	MEDICARE PAYS	AFTER YOU PAY CALENDAR YEAR DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO CALENDAR YEAR DEDUCTIBLE,** YOUPAY
HOSPITALIZATION*			
semiprivate room and board, general nursing and			
miscellaneous services and supplies			
First 60 days	All but \$[1,068]	\$[1,068] (Part A Deductible)	\$0
61st thru 90th day	All but \$[267] a day	\$[267] a day	\$0
91st day and after			
- While using 60 lifetime reserve days	All but \$[534] a day	\$[534] a day	\$0
Once lifetime reserve days are used:		100% of Medicare	
- Additional 365 days	\$0	Eligible Expenses	\$0***
- Beyond the Additional 365 days	\$0	\$0	All Costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and entered			
a Medicare-approved facility within 30 days after			
leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$[133.50] a day	Up to \$[133.50] a day	\$0
101st day and after	\$0	\$0	All Costs
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0

***NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PART A Continued

SERVICES	MEDICARE PAYS	AFTER YOU PAY CALENDAR YEAR DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO CALENDAR YEAR DEDUCTIBLE,** YOUPAY
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare copayment/ coinsurance	\$0

MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR

**This Plan F with the High Deductible Premium Discount Rider pays the same benefits as standard Plan F after one has first paid a calendar year deductible (\$[2,000 in 2009], subject to change annually). Benefits will not begin until out-of-pocket expenses meet the deductible. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductibles for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible. On or after the Deductible Elimination Date as defined on the Policy Schedule, the calendar year deductible is zero. Also, if you terminate the rider prior to the Deductible Elimination Date, the calendar year deductible is zero.

SERVICES	MEDICARE PAYS	AFTER YOU PAY CALENDAR YEAR DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO CALENDAR YEAR DEDUCTIBLE,** YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charge (Above Medicare Approved Amounts)	\$0	100%	\$0

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^{*}Once you have been billed \$[135] of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Part B Deductible will have been met for the calendar year.

PART B Continued

SERVICES	MEDICARE PAYS	AFTER YOU PAY CALENDAR YEAR DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO CALENDAR YEAR DEDUCTIBLE,** YOUPAY		
BLOOD					
First 3 pints	\$0	All Costs	\$0		
Next \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0		
Remainder of Medicare Approved Amounts	80%	80% 20%			
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0		

PARTS A & B

SERVICES	MEDICARE PAYS	AFTER YOU PAY CALENDAR YEAR DEDUCTIBLE,** PLAN PAYS	IN ADDITION TO CALENDAR YEAR DEDUCTIBLE,** YOU PAY
HOME HEALTH CARE			
MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and	1000/	40	Φ0
medical supplies	100%	\$0	\$0
-Durable medical equipment	¢0	\$11251(D_(DD_1_(311))	ΦO
First \$[135] of Medicare Approved Amounts*	\$0	\$[135] (Part B Deductible)	\$0
Remainder of Medicare Approved Amounts	80%	20%	\$0

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OTHER BENEFITS - NOT COVERED BY MEDICARE

			IN ADDITION TO
		AFTER YOU PAY CALENDAR	CALENDAR YEAR
		YEAR DEDUCTIBLE,**	DEDUCTIBLE,**
SERVICES	MEDICARE PAYS	PLAN PAYS	YOUPAY
FOREIGN TRAVEL - NOT COVERED BY			
MEDICARE			
Medically necessary emergency care services beginning			
during the first 60 days of each trip outside the U.S.A.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime maximum	20% and amounts over the
		benefit of \$50,000	\$50,000 lifetime maximum

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SERFF Tracking Number: PHYS-126220183 State: Arkansas
Filing Company: Physicians Mutual Insurance Company State Tracking Number: 42859

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Rate Information

Rate data does NOT apply to filing.

SERFF Tracking Number: PHYS-126220183 State: Arkansas
Filing Company: Physicians Mutual Insurance Company State Tracking Number: 42859

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Rate/Rule Schedule

Review Status:	Document Name:	Affected Form Numbers: (Separated with commas)	Rate Action:*	Rate ActionInformation:	Attachments
Approved	P020-AR-050109	P020AR	New		P020AR Exhibits.pdf
Approved	P025-AR-050109, P027-AR-050109, B345-AR-050109	B345, P025AR, P027AR	New		P025AR_P027A R_B345 Exhibits.pdf
Approved	P026-AR-050109	P026AR	New		P026AR Exhibits.pdf

Exhibit A

Proposed

Issue Age

Rate Table

PHYSICIANS MUTUAL INSURANCE COMPANY Table of Rates Medicare Supplement Policy

PLAN A ARKANSAS 2010

Automatic Bank Withdrawal Base Premiums

Age	Agency Issue Age
65-99	\$ 136.60

Please refer to AREA-PMIC-070109 for areas and factors.

Please refer to MS-DISCOUNT-STD-040709 for discounts.

To obtain Monthly rates, add \$5 to the above-quoted Automatic Bank Withdrawal rates. To obtain Quarterly, Semi-Annual, and Annual rates, multiply the above quoted Automatic Bank Withdrawal by 3, 6, and 12 respectively.

P020-AR-050109

Exhibit B

Schedule

for

Zip Codes

and

Area Factors

Physicians Mutual Insurance Company Omaha, Nebraska MEDICARE SUPPLEMENT AREA RATING ZIP CODES AGENT SOLICITED BUSINESS Plans A, F and HDF

Area A	Area B	Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X	Area Y	Area Z
0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
521, 538	500-516	386-388	170-174	030-038	164-169, 177	354-355	197-198	201, 220-223	150-163	233-237, 320	770, 772		322	700	701		330-334		900-921						
545-547		390-393	224-225	254, 257	199	370	301-302	226, 232, 239		327, 335-336	775, 889, 891		328-329, 337				340-341, 343		926-928						1
	527-528		227-231, 238		249-253	372, 401-402	312-316, 323	242, 246-248		338, 342, 347			339, 346				345, 348-349		940-941						1
		526, 541-543	240-241	290-291, 293	255-256	660-662	350-352, 395	258-259, 300		922-925, 933			484-485				480-483		943-944						1
		559, 613, 634	243-245	296-298	260, 270-289	705-706, 710	440, 443-445	303, 311, 321		935, 945-949															1
		636-639	389	377-383, 385	292, 294-295	755-756	450, 452	324-326, 344		953-954															1
			437-438, 446	394	299, 304-310	758-759	488-489, 492	436, 441	794, 890																1
		683-684	449, 460, 461		317-319	763-765	600-608, 620	486-487, 641																	
		686, 688-693	465-468, 470	430, 432-433	356-369	778-781	622, 640, 722	707-708, 711																	
			472-475, 499	448, 456-458	371	783-789	776, 782	714, 754																	
		976, 978-979	530, 550, 553		373-376, 384	793, 805	800-802	760-762																	
			556-558	476-479	398, 400	850, 852-853	804, 806																		
			560-567		431, 434-435	855-857, 859	930-932,934																		1
			570-577		439, 442	860, 863	936-939																		1
			580-588		447, 451	864-865	950-952																		1
			590-599 635, 646, 648	554, 609-612 614-616	453-455 463-464	894-895, 897	959-961																		
			685, 687, 748		493, 496-497																				
			840-842		531-532, 534																				
			873-874		630-631, 633																				
			877-884	650, 652-653	647, 651																				
			973-975, 977		664-665																				
			995-999		667-681																				
			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		712-713																				
					719-721																				
				797-798, 803	731																				
					766, 767																				
				810-816	768-769																				
				820-831	790-792																				
				839, 845-846	795-796, 799																				
				870, 875, 942	871-872																				
				955-958, 982	893, 898																				
					967-968																				
					970-972																				
7					980-981																				
					983-985, 992																				
'																									
																				1					1

All	Other	Plans

b	Area A	Area B	Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X	Area Y	Area Z
	0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
	538	500-516	386-388	170-174	030-038	164-169	350-352	197-198, 201	226, 232, 239		233-237, 320	770, 772			701			330-334		900-921						
545	-547				254, 257	199	354-355, 440	220-223, 242	246-248			889, 891		328-329, 337				340-341, 343		926-928						1
				227-231				301-302			338, 342			339, 346				345, 348-349		940-941						
				238, 240-241		255-256, 260	705-706	312-316, 323			347, 775			484-485				480-483		943-944						1
				243-245, 389		270-289, 292	710, 755-756	395, 441	324-326, 344		922-925, 933			700												1
			559, 613	410		294-295, 299		443-445, 450	436, 486-487		935, 945-949															1
						304-310		452, 488-489	641, 703-704		953-954															1
						317-319	776, 778-779	492	711, 714																	1
				462, 465-468		356-364		600-604	750-754																	1
			686, 688-693	470				606-608, 640	774, 777, 890																	1
								707-708, 722																		1
			973-979				855-857, 859	760-762																		
								930-932,934																		1
				560-567				936-939																		1
						447, 451		950-952																		1
						455, 463, 464		959-961																		1
						493, 496-497																				1
						531-532, 534																				
						630-631																				1
						633, 647, 651																				1
						660-662																				
						664-665																				1
						667-680 712-713																				
				881-882		712-713																				
						765-769																				
						780-781																				1
				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		790-792																				1
						795-796, 799																				1
						805																				
						850, 852-853																				
					820-831	893, 898																				1
					839	967-968		1																		1
						980-981		1																		1
						983-985, 992		1																		1
					942, 955-958			1																		r l
					970-972			1																		1
					982, 986			1							J											1
					988-991			1																		1
					993-994			1																		1
																										1

Exhibit C

Schedule

For

Discounts

PHYSICIANS MUTUAL INSURANCE COMPANY

2600 DODGE STREET OMAHA, NEBRASKA 68131

MEDICARE SUPPLEMENT AVAILABLE DISCOUNTS AGENT SOLICITED BUSINESS

<u>Discount</u>	<u>Amount</u>
Non-Tobacco Discount Only	10%
Long-Term Care Discount Only	10%
Annuity Discount Only	5%
Non-Tobacco Discount with Long-Term Care Discount	20%
Non-Tobacco Discount with Annuity Discount	15%
Long-Term Care Discount with Annuity Discount	15%
Non-Tobacco Discount with Long-Term Care, and Annuity Discounts	25%
Medicare Supplement Household Discount	\$5 per Month

MS-DISCOUNT-STD-040709

Exhibit A

Proposed

Issue Age

Rate Tables

PHYSICIANS MUTUAL INSURANCE COMPANY Table of Rates Medicare Supplement Policy

PLAN F ARKANSAS 2010

Automatic Bank Withdrawal Base Premiums

Age	Agency Issue Age						
65-99	\$ 242.74						

Please refer to AREA-PMIC-0Ï €F09 for areas and factors.

Please refer to MS-DISCOUNT-STD-040709 for discounts.

To obtain Monthly rates, add \$5 to the above-quoted Automatic Bank Withdrawal rates. To obtain Quarterly, Semi-Annual, and Annual rates, multiply the above quoted Automatic Bank Withdrawal by 3, 6, and 12 respectively.

P025-AR-050109

PHYSICIANS MUTUAL INSURANCE COMPANY Table of Rates Medicare Supplement Policy

High Deductible Plan F ARKANSAS 2010

Automatic Bank Withdrawal Base Premiums

Age	gency Issue Age
65-99	\$ 89.89

Please refer to AREA-PMIC-0Ï €F09 for areas and factors.

Please refer to MS-DISCOUNT-STD-040709 for discounts.

To obtain Monthly rates, add \$5 to the above-quoted Automatic Bank Withdrawal rates. To obtain Quarterly, Semi-Annual, and Annual rates, multiply the above quoted Automatic Bank Withdrawal by 3, 6, and 12 respectively.

P027-AR-050109

PHYSICIANS MUTUAL INSURANCE COMPANY Table of Rates Medicare Supplement Policy

B345 ARKANSAS 2010

Automatic Bank Withdrawal Base Premiums

Age	Agency Issue Age
65-99	\$ (72.82)

Please refer to AREA-PMIC-0Ï €F09 for areas and factors.

Please refer to MS-DISCOUNT-STD-040709 for discounts.

Monthly rates equal Automatic Bank Withdrawal rates. To obtain Quarterly, Semi-Annual, and Annual rates, multiply the above quoted Automatic Bank Withdrawal by 3, 6, and 12 respectively.

B345-AR-050109

Exhibit B

Schedule

for

Zip Codes

and

Area Factors

Physicians Mutual Insurance Company Omaha, Nebraska MEDICARE SUPPLEMENT AREA RATING ZIP CODES AGENT SOLICITED BUSINESS

												s A, F and HD													
Area A		Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X	Area Y	Area Z
0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
521, 538	500-516	386-388	170-174	030-038	164-169, 177	354-355	197-198	201, 220-223	150-163	233-237, 320	770, 772		322	700	701		330-334		900-921						
545-547	520, 522-525	390-393	224-225	254, 257	199	370	301-302	226, 232, 239	175-176	327, 335-336	775, 889, 891		328-329, 337				340-341, 343		926-928						
	527-528	396-397	227-231, 238	261-268	249-253	372, 401-402	312-316, 323	242, 246-248	178-196	338, 342, 347			339, 346				345, 348-349		940-941						
	535, 537, 539		240-241	290-291, 293	255-256	660-662	350-352, 395	258-259, 300	399, 703, 704	922-925, 933			484-485				480-483		943-944						
	540, 544	559, 613, 634	243-245	296-298	260, 270-289	705-706, 710	440, 443-445	303, 311, 321	750-753, 757	935, 945-949															
	548-549	636-639	389		292, 294-295	755-756	450, 452	324-326, 344	773, 774, 777	953-954															
	656-658	654, 655	437-438, 446	394	299, 304-310	758-759	488-489, 492	436, 441	794, 890																
		683-684	449, 460, 461	403-427	317-319	763-765	600-608, 620	486-487, 641																	
		686, 688-693	465-468, 470	430, 432-433	356-369	778-781	622, 640, 722	707-708, 711																	
		843-844, 847	472-475, 499	448, 456-458	371	783-789	776, 782	714, 754																	
		976, 978-979	530, 550, 553		373-376, 384	793, 805	800-802	760-762																	
			556-558	476-479	398, 400	850, 852-853	804, 806																		
			560-567	490-491	431, 434-435	855-857, 859	930-932,934																		
			570-577	494-495	439, 442	860, 863	936-939																		
			580-588	498, 551	447, 451	864-865	950-952																		
			590-599	554, 609-612	453-455	894-895, 897	959-961																		
			635, 646, 648	614-616	463-464																				
			685, 687, 748	617-619	493, 496-497																				
			840-842	623-629	531-532, 534																				
			873-874	644-645	630-631, 633																				
			877-884	650, 652-653	647, 651																				
			973-975, 977	666, 716-718	664-665																				
			995-999	723-729, 730	667-681																				
				734-741	712-713																				
				743-747, 749	719-721																				
				797-798, 803	731																				
				807-809 810-816	766, 767 768-769																				
				820-831	790-792																				
				839, 845-846	795-796, 799																				
				870, 875, 942	871-872																				
				955-958, 982	893, 898																				
			1	986, 988-991	967-968		1							1		1									
			1	986, 988-991	970-972		1							1		1									
ı İ				773-774	980-981		1																		
'					980-981 983-985, 992		1																		
					983-985, 992		1																		
						1					1				1										

All	Other	Plar

Area		Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X		Area Z
0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
521, 538	500-516	386-388	170-174	030-038	164-169	350-352	197-198, 201	226, 232, 239	150-163	233-237, 320	770, 772		322	701			30-334		900-921						
545-547	520, 522-525	390-393	224-225	254, 257	199	354-355, 440	220-223, 242	246-248	175-176	327, 335-336	889, 891		328-329, 337				40-341, 343		926-928						
	527-528	396-397	227-231	261-268	177, 249-253	605, 620, 622	301-302	258-259, 300	178-196	338, 342			339, 346			3	45, 348-349		940-941						
	535, 537, 539	446, 460-461	238, 240-241	290-291, 293	255-256, 260	705-706	312-316, 323	303, 311, 321	399, 757, 773	347, 775			484-485			4	80-483		943-944						
	540, 544	526, 541-543	243-245, 389	296-298	270-289, 292	710, 755-756	395, 441	324-326, 344	794	922-925, 933			700												
	548-549	559, 613	410	365-366, 371	294-295, 299	758-759	443-445, 450	436, 486-487		935, 945-949															
	656-658	634, 636-639	430, 432	376-383, 385	304-310	763-764	452, 488-489	641, 703-704		953-954															
		683-684	437-438, 449	394, 400		776, 778-779	492	711, 714																	
		654, 655	462, 465-468	403-409	356-364	782-789	600-604	750-754																	
		686, 688-693	470	411-427		793, 800-802	606-608, 640	774, 777, 890																	
		843-844, 847	472-475, 479	431, 433		804, 806	707-708, 722																		
		973-979	499, 530, 550	434-435, 448		855-857, 859	760-762																		
			553, 556-558	453-454	401-402	860, 863-865	930-932,934																		
			560-567	456-458	439, 442	894-895, 897	936-939																		
				469, 471	447, 451		950-952																		
				476-478	455, 463, 464		959-961																		
			590-599	490-491	493, 496-497																				
			635, 646, 648	494-495, 498	531-532, 534																				
			685, 687, 730	551, 554	630-631																				
			740-741, 748	609-612	633, 647, 651																				
			814-816	614-616	660-662																				
			840-842, 870	617-619	664-665																				
			873-874	623-629	667-680																				
				644-645, 650	712-713																				
			881-882	652-653, 666	719-721																				
			883-884	681, 716-718	765-769																				
			995-999	723-729, 731	780-781																				
				734-739	790-792																				
				743-747, 749	795-796, 799																				
				797-798, 803	805																				
				807-813	850, 852-853																				
				820-831	893, 898																				
				839	967-968																				
				845-846	980-981																				
		1		871-872, 875	983-985, 992				1																
		1		942, 955-958			1	1	1																
		1		970-972				1	1																
		1		982, 986				1	1																
		1		988-991				1	1																
		1		993-994					1																
				1	1																				

AREA-PMIC-070109

Exhibit C

Schedule

For

Discounts

PHYSICIANS MUTUAL INSURANCE COMPANY

2600 DODGE STREET OMAHA, NEBRASKA 68131

MEDICARE SUPPLEMENT AVAILABLE DISCOUNTS AGENT SOLICITED BUSINESS

Discount	<u>Amount</u>
Non-Tobacco Discount Only	10%
Long-Term Care Discount Only	10%
Annuity Discount Only	5%
Non-Tobacco Discount with Long-Term Care Discount	20%
Non-Tobacco Discount with Annuity Discount	15%
Long-Term Care Discount with Annuity Discount	15%
Non-Tobacco Discount with Long-Term Care, and Annuity Discounts	25%
Medicare Supplement Household Discount	\$5 per Month

MS-DISCOUNT-STD-040709

Exhibit A

Proposed

Issue Age

Rate Table

PHYSICIANS MUTUAL INSURANCE COMPANY Table of Rates Medicare Supplement Policy

PLAN G ARKANSAS 2010

Automatic Bank Withdrawal Base Premiums

Age	Agency Issue Age
65-99	\$ 187.62

Please refer to AREA-PMIC-0Ï €F09 for areas and factors.

Please refer to MS-DISCOUNT-STD-040709 for discounts.

To obtain Monthly rates, add \$5 to the above-quoted Automatic Bank Withdrawal rates. To obtain Quarterly, Semi-Annual, and Annual rates, multiply the above quoted Automatic Bank Withdrawal by 3, 6, and 12 respectively.

P026-AR-050109

Exhibit B

Schedule

for

Zip Codes

and

Area Factors

Physicians Mutual Insurance Company Omaha, Nebraska MEDICARE SUPPLEMENT AREA RATING ZIP CODES AGENT SOLICITED BUSINESS Plans A, F and HDF

Area A	Area B	Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X	Area Y	Area Z
0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
521, 538	500-516	386-388	170-174	030-038	164-169, 177	354-355	197-198	201, 220-223	150-163	233-237, 320	770, 772		322	700	701		330-334		900-921						
545-547		390-393	224-225	254, 257	199	370	301-302	226, 232, 239		327, 335-336	775, 889, 891		328-329, 337				340-341, 343		926-928						1
	527-528		227-231, 238		249-253	372, 401-402	312-316, 323	242, 246-248		338, 342, 347			339, 346				345, 348-349		940-941						1
		526, 541-543	240-241	290-291, 293	255-256	660-662	350-352, 395	258-259, 300		922-925, 933			484-485				480-483		943-944						1
		559, 613, 634	243-245	296-298	260, 270-289	705-706, 710	440, 443-445	303, 311, 321		935, 945-949															1
		636-639	389	377-383, 385	292, 294-295	755-756	450, 452	324-326, 344		953-954															
			437-438, 446	394	299, 304-310	758-759	488-489, 492	436, 441	794, 890																
		683-684	449, 460, 461		317-319	763-765	600-608, 620	486-487, 641																	
		686, 688-693	465-468, 470	430, 432-433	356-369	778-781	622, 640, 722	707-708, 711																	
			472-475, 499	448, 456-458	371	783-789	776, 782	714, 754																	
		976, 978-979	530, 550, 553		373-376, 384	793, 805	800-802	760-762																	
			556-558	476-479	398, 400	850, 852-853	804, 806																		
			560-567		431, 434-435	855-857, 859	930-932,934																		1
			570-577		439, 442	860, 863	936-939																		1
			580-588		447, 451	864-865	950-952																		
			590-599 635, 646, 648	554, 609-612 614-616	453-455 463-464	894-895, 897	959-961																		
			685, 687, 748		493, 496-497																				
			840-842		531-532, 534																				
			873-874		630-631, 633																				
			877-884	650, 652-653	647, 651																				
			973-975, 977		664-665																				
			995-999		667-681																				
			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		712-713																				
					719-721																				
				797-798, 803	731																				
					766, 767																				
				810-816	768-769																				
				820-831	790-792																				
				839, 845-846	795-796, 799																				
				870, 875, 942	871-872																				
				955-958, 982	893, 898																				
					967-968																				
					970-972																				
7					980-981																				
					983-985, 992																				
'																									
																				1					1

All	Other	Plans

b	Area A	Area B	Area C	Area D	Area E	Area F	Area G	Area H	Area I	Area J	Area K	Area L	Area M	Area N	Area O	Area P	Area Q	Area R	Area S	Area T	Area U	Area V	Area W	Area X	Area Y	Area Z
<u>.</u>	0.75	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
	, 538	500-516	386-388	170-174	030-038	164-169	350-352	197-198, 201	226, 232, 239		233-237, 320	770, 772			701			330-334		900-921						
545	-547				254, 257	199	354-355, 440	220-223, 242	246-248			889, 891		328-329, 337				340-341, 343		926-928						1
				227-231				301-302			338, 342			339, 346				345, 348-349		940-941						
				238, 240-241		255-256, 260	705-706	312-316, 323			347, 775			484-485				480-483		943-944						1
				243-245, 389		270-289, 292	710, 755-756	395, 441	324-326, 344		922-925, 933			700												1
			559, 613	410		294-295, 299		443-445, 450	436, 486-487		935, 945-949															1
						304-310		452, 488-489	641, 703-704		953-954															1
						317-319	776, 778-779	492	711, 714																	1
				462, 465-468		356-364		600-604	750-754																	1
			686, 688-693	470				606-608, 640	774, 777, 890																	1
								707-708, 722																		1
			973-979				855-857, 859	760-762																		
								930-932,934																		1
				560-567				936-939																		
						447, 451		950-952																		
						455, 463, 464		959-961																		1
						493, 496-497																				1
						531-532, 534																				
						630-631 633, 647, 651																				1
						660-662																				1
						664-665																				1
						667-680																				
						712-713																				
				881-882		719-721																				
						765-769																				
						780-781																				1
						790-792																				1
						795-796, 799																				1
						805																				
					807-813	850, 852-853																				
					820-831	893, 898																				1
					839	967-968																				1
						980-981		1																		1
						983-985, 992		1																		
					942, 955-958			1																		1
					970-972			1																		1
					982, 986			1							J											1
					988-991			1																		1
					993-994			1																		1
																										1

Exhibit C

Schedule

For

Discounts

PHYSICIANS MUTUAL INSURANCE COMPANY

2600 DODGE STREET OMAHA, NEBRASKA 68131

MEDICARE SUPPLEMENT AVAILABLE DISCOUNTS AGENT SOLICITED BUSINESS

Discount	<u>Amount</u>
Non-Tobacco Discount Only	10%
Long-Term Care Discount Only	10%
Annuity Discount Only	5%
Non-Tobacco Discount with Long-Term Care Discount	20%
Non-Tobacco Discount with Annuity Discount	15%
Long-Term Care Discount with Annuity Discount	15%
Non-Tobacco Discount with Long-Term Care, and Annuity Discounts	25%
Medicare Supplement Household Discount	\$5 per Month

MS-DISCOUNT-STD-040709

SERFF Tracking Number: PHYS-126220183 State: Arkansas
Filing Company: Physicians Mutual Insurance Company State Tracking Number: 42859

Company Tracking Number:

TOI: MS08I Individual Medicare Supplement - Sub-TOI: MS08I.001 Plan A 2010

Standard Plans 2010

Product Name: 2010 Med Supp Plans

Project Name/Number: 2010 Med Supp Plans/2010 Med Supp Plans

Supporting Document Schedules

Review Status:

Satisfied -Name: Flesch Certification Accepted for Informational 08/12/2009

Purposes

Comments:

Attachments:

AR Cert.pdf FLESCH Cert-AR.pdf

Review Status:

Satisfied -Name: Application Approved 08/12/2009

Comments:

Please see Form Schedule

Review Status:

Satisfied -Name: Outline of Coverage Approved 08/12/2009

Comments:

Please see Form Schedule.

Physicians Life Insurance Company

2600 Dodge Street Omaha, Nebraska 68131 Certification July 8, 2009

RE: 2010 Medicare Supplement Plans - P020AR, P025AR, P026AR, P027AR, B345, A2010T-AR

This is to certify that the above captioned filing complies with the Arkansas Regulation 19 and all other applicable requirements of the Arkansas Insurance Department.

Allison A. Hurt

Fellow, Society of Actuaries

allion a. Hunt

Member, American Academy of Actuaries

PHYSICIANS MUTUAL INSURANCE COMPANY

Certification of Flesch

These forms have the following Flesch Readability Scores:

P020AR	50.7
P025AR	50.7
P026AR	50.7
P027AR	48.0
A2010T-AR	53.6
B345	46.5

The entire form is analyzed.

The following was excluded in the text: name and address of the insurer; name, number and title of the rider, captions and sub-captions; medical terminology; defined terms.

Shaw Pollow

Shawn Pollock Vice President Government and Industry Physicians Mutual Ins. Co.

<u>07/08/09</u> Date